

DPC NEWSLETTER VOLUME 5: OCTOBER ISSUE

Photos Courtesy:
Media Club

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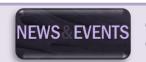
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Artistic Expressions

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NEWS EVENTS New Student Union Induction (2015-16)



DPC Students Union

NAME	POSITION
Mariam Mohammad	President
Rajia Fahim Ahmed Zayed	Vice President
Sadrah Mouhammad Al	Secretary and 1st year class
Moahmoud	representative
Samar Salam Mohammed Ali	2 nd year class representative
Nour Khaled Al Mahmoud Al	Head of Students Clubs
Hajji	
Maieda Shamil Yousif Al –	Events



Zaydan Coordinator **Majed Mohamad Al** Member Mohamad Sara Shadad Mohiel Din Member **Abdalla** Esra Ali Elrahim Osman Member **Huda Jamal Almadalli** Member Mona Bahaa Eldin Member **Abdelkerim Ibrahim** Member Nada Wael Othman Agha



NEWS EVENTS

TALENT SHOW- Batch 24

A fun little event put together by the previous and continuing clubs of DPC in order to "break the ice" between the new students and the old ones. The day kick started with all the budding talents of DPC, showcasing their talent, be it singing, dancing, storytelling, poetry writing, sketching, photography and a lot to follow...







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Pink Campaign - 2015

The month of October is the month in which people all over the world unite for their love for pink. Its not a fashion statement rather a stand to spread awareness on a noble cause.

The Community Engagement Unit at DPC participated in the "Pink it Now" campaign organized by Zulekha Hospital to educate and aware all about breast cancer.

The 'Pink It Now' campaign has been developed by Zulekha Hospital with the active support of Ford Warriors in Pink, a Ford Motor Company breast cancer awareness initiative

The key message of the new campaign was to encourage women to get checked regularly and remind individuals of the importance of mammograms and self-checking, and show that together we can help prevent breast cancer if the disease is identified at an early enough stage.

The campaign forms part of a worldwide initiative dedicated to building awareness, educating women on breast cancer and empowering them to beat the disease. Initiatives such as these help to re-emphasize the importance of regular check-ups and also remind women that if detected at an early stage, breast cancer can be cured.

Excerpts from : WAM- Emirates News Agency



Bake Sale

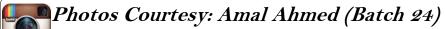


? PROTECT YOUR MOM.









https://instagram.com/pic.am/

Visit to the Orphanage



"Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love."

— Lao Tzu



Free Dental Camp



Purpose Free Dental Check up for all

Date 8th October, 2015

Organizers Community Engagement Unit of DPC and MIDAC MEDICAL CENTER, Dubai

The Community Engagement Unit in partnership with MIDAC Medical Center, Dubai organized a free dental check up for the DPC community The camp was initiated with dental awareness educating all about common dental ailments and measures to prevent them. All got ample opportunities to interact with the doctors to enquire and gain knowledge concerning oral diseases and other oral concerns. On completion of the dental checkup all the staff and students were given a special discount card for all services offered at





NEWS EVENTS

Fire Safety Management

In the month of October the students were educated by the Civil Defence Team which included the 1st Lieutenant Zayed Al Abdouli (*Civil Defence*) and Ms. Horyya Mohammed (*Awareness Dept. of Civil Defence*) about the golden rules in order to extinguish a fire. The students found the interactive session very interesting as they further stressed on the need to be aware of the basic rules to extinguish fire. The team discussed about their experience in the event of fire and the role they play in combatting it. Deaths due to fire are on the rise in Dubai and it is very necessary to know how to combat it at the right stage to prevent any fatalities.





Time Management Workshop

Day and Time 11 October 2015 (9:30 a.m.- 2:00 p.m.)

Targeted Audience Students and Graduates

Speaker Mohammed Al Awlaki

Number of 200

Attendees

Organized by: Dean's Office and Graduate Affairs and

Career Guidance Office

Certificates were awarded by Global Academy for Training and

Development - UK

10 Common Time Management Mistakes one should avoid:

- Failing to Keep a To-Do List
- Not Setting Personal Goals
- Not Prioritizing
- Failing to Manage Distractions
- Procrastination
- Taking on too Much
- Thriving on "Busy"
- Multitasking
- Ineffectively Scheduling Tasks



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2-4 November 2015, Dubai, UAE

Trends of elderly outpatients prescribing in a tertiary hospital in Dubai

Speaker Dr. Amina Mahdy

Pharmacology & Therapeutics Dubai Pharmacy College, UAE



Abstract

The present study was undertaken to investigate the trends of drug prescribing for elderly outpatients of a tertiary hospital in Dubai, UAE. Using a retrospective analysis, 518 prescriptions issued to elderly outpatients at different clinics were investigated. The study was performed from 1st of January till 20th of February 2013 and ethically approved by the hospital IRB. WHO prescriber indicators were used to analyze prescriptions in regards of the average number of medicines, number of prescriptions containing an antibiotic, or an injection, and therapeutic groups of all the prescribed medicines. The extent of potentially-inappropriate prescribing was estimated using AGS Updated Beer's criteria (2012). Findings revealed poly pharmacy in elderly with an average number of drugs per prescription deviating from the WHO standard. Cardiovascular drugs were the most widely prescribed medications. Prescriptions were found to contain antibiotics and injection within the allowed range. About 15% of prescriptions had one or more potentially inappropriate medication with different medication classes. A feedback through personal interviews as well as workshops for the health care team may be considered an effective intervention to optimize the prescribing pattern for the elderly.



Published in:

Curr Drug Deliv. 2015 Oct.

Development and Evaluation of Sustained Oral Ketorolac Tromethamine Particulate Matrix via Bioadhesive Chitosan Based Freeze-Dried Solid Dispersions



Authors: Bazigha K. Abdul Rasool, Aziz US, Abu-Gharbieh E, Khan SA.

Abstract

OBJECTIVES: This study aimed to develop and evaluate chitosan (CTS) solid dispersion particulate matrix (SDPM) for sustained oral delivery of ketorolac tromethamine (KT).

METHODS: SDPM formulations were prepared by freeze drying method and characterized for their effectiveness and biological activities via in vitro and in vivo assessment.

KEY FINDINGS: Powder's flowability and bioadhesion of SDPM increased compared to KT-CTS physical mixtures and the raw materials. DSC analysis proved that the extent of drug crystallinity in matrix particles reduced as the amount of CTS content increased.FT-IR spectroscopy suggested drug-polymer interaction that was prominent in SDPM (1:7). In vitro drug release and simulated plasma profiles showed the superiority of SDPM (1:7) in sustaining drug release up to 12h. The optimized formula was stable during the storage time whereas the similarity factor (f2) for in vitro release data before and at the end of the study was 92%. Furthermore, in vivo bioactivity studies confirmed that the ulcerogenic property of SDPM (1:7) remarkably decreased compared to the standard drug while the analgesic and anti- inflammatory properties were maintained.

CONCLUSIONS: Results suggested freeze-dried chitosan based SDPM (1:7) as a potential candidate for sustained oral administration of KT.



My Path.....

Sketch by: Golnaz Adel Lashkari Batch 24

Poe's Lenore is no more, so are my dreams what to fight for?

But is it just?

Believing it is a must, to abhor one's dreams in order to be supreme.

That is not my way
I'd rather be forever stray
Stray for a purpose
and that shall be forever my curse
But will my curse restrain,
the rafting clouds from shedding rain?

I'll carve a path of my own, in which I will witness dawn. The dawn that shall extirpate, The darkness that within me ate all hope and spirit and left me cold and rigid.

But that's no more The blazing fire can within me roar...

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Poem by: Nada Akram Batch 24