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Editorial

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DPC Newsletter

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Sending this Newsletter after you all indulged in a joyful Eid holiday.

Teamwork is a word that appears to be fairly understood but in reality has various different meanings. One of the meanings include, ignoring the setbacks and highlighting the achievements of the team. When one says teamwork, the first word that comes in an academic setting is 'Student Union'.

This issue is a DPC Student Union exclusive.

Prof. Saeed Ahmed Khan

Dean, Dubai Pharmacy College





News & Events

Ushering in ceremony of the Student Union

On October 3rd, 2012, teamwork was appreciated by having the Student Union Ceremony.

It started off with Prof.Khan's, Dean of DPC,

speech. He appreciated the work of the previous student union and wished the new union, all the best. Appreciation certificates were distributed to the President, Vice President,

The previous Student Union President, Fatma Adel, gave her speech and panoramic presentation on activities of the last



year. The Current Student Union President, Arwa Mughal, also gave a promising speech which left us with a lot of hopes.

If you were to come to the Round Hall on the first Wednesday of October, 2012, the Breast Cancer Awareness Day or in other words, the 'Pink Day 2012'. The Dean, in his speech, talked about how common and yet how ignored the disease has become.

One should always remember that there are three types of workers: those who get things done, those who watch things get done, and those who wonder how so much got done. So, which one are you?! As the Dean said, getting good grades has its own share of importance but participating in such activities also plays an important role in a student's life. '

Reported by

Sidra Parveen









Farewell Speech



Student Union Past President 2011-2012: Fatma Adel

On this occasion I would like to thank each and every one of you apologies if we had done something wrong. It was a year ago since I was elected as the president of the student union. I was nervous at first, but there was just this huge abundance of fine people who helped me to get my groundings. Corporation could thrive on its friendliness alone. That friendliness has rubbed off me since then. But sadly, I must say that all things must come to an end. And now I hand it over to the next president Arwa Nausheen.

But first let me recount some of my favorite memories over the year. Do each of you recall our first Pharma-Talk ? The national

day celebrations? How about our first trip, and going to Safari?? With all the crazy calls, laughter and shouts. I can't say it was neither easy nor fun. It was a year to remember, with all the gags & tears..With all the love & memories we shared... at times had to be a friend and a president, something like... an angle & commending devil!

Nevertheless, you've all tried so hard to make it work, from organizing to staying up late, collecting data and even more. So at the end, I would like to say I'm sorry if I ever made you feel bad or undone.

You are all like my sisters and beyond, and sisters always fight... but only to survive. So.. Thank you all again for helping me to survive.





Inaugural Address

Student Union President 2012-2013 - Arwa Nousheen

Respected Dean, Professor Saeed Ahmed Khan, esteemed faculty and staff, distinguished office bears of the student union, my dear fellow colleagues. Good afternoon to you all.

Before I go further, let me use this opportunity to express my sincere thanks and appreciation to the Almighty God who has made it possible for all of us to witness this important inaugural ceremony. I also need to ask the Almighty Allah to guide and protect us from all iniquities.



In this moment we are reflecting on the past while celebrating the future. This past year has laid an important foundation for the continual growth and strengthening of the Student Union. We are the voice of the student body. Every student should feel comfortable to reach out to the Student Union. We will establish two way communications with students. No student should be able to say that they don't know what their Student Union is doing and no student should say that they feel uncomfortable talking with their elected representatives.

On this inaugural ceremony, would like to thank Professor. Khan for trusting and guiding us through our journey. I have to thank Dr. Rana for being at our side at every step and making things easier. Dr. Zahra for her co-operation and assistance. And of course big thank you to all our faculty and fellow students who voted for us and believed in us and helped us reach this stage. On behalf of the Student Union, I also want to thank the outgoing president, Fatma Adel and the team of Student Union body for the good work that they have done.

We, as a council, assure you to be helpful during your tough times, solve your problems as far as we can and to make this year memorable with trips and events. All this will be a success only with your



commitment. We need you just as much as you need us. Thank you all for being a part of this significant occasion.





Student
Arwa Nousheen
Leena Mohammad
AroojQaiser
Rahaf Abu Samra
Fozia Al-Marzook
Sidra Parveen
Sara Mohammad
NafisaRawshan

*ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH." <u>Nelen Keller</u> (1880-1968)

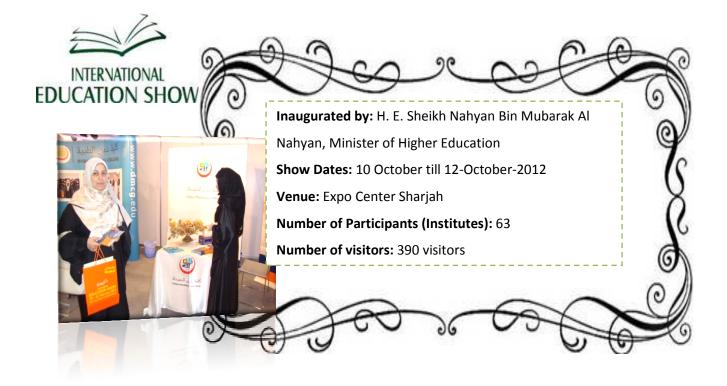




The 'Pink Day 2012' started with the video which was done by a few of the second years. The video showed the journey of a mother and a daughter in fighting the disease. It went on to show two very different scenarios, one of what should happen and one of what shouldn't happen. It highlighted the fact the early detection can save lives and how important a yearly mammogram is. The 'Pink Bazaar' had pink student-made bookmarks, pink tea, pink cupcakes, pink milkshake, pink ribbons - everything pink. This was the first activity organized by the new union and turned out to be a success.

With the money collected a gold chain was presented to a staff member who is a Breast Cancer survivor.

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Artistic Expressions





General Laboratories Safety Practices: Dubai Pharmacy College Experience

Dubai Pharmacy College strives to be a model for environmental, health and safety excellence in teaching, research, extension, and the management of its facilities. In pursuit of this goal, appropriate policies and procedures are developed and followed to ensure this community operates in an environment free from recognized hazards. Faculty, staff and students are responsible for compliance with established policies and are encouraged to acculturate practices that ensure safety, protect health and minimize the institution's impact on the environment.



As an institution of higher learning, Dubai Pharmacy College:

- Fosters an understanding of and a responsibility for the environment
- Encourages individuals to be knowledgeable about environmental, health and safety issues that affect their discipline
- Shares examples of superior environmental health and safety performance with peer institutions, the local community and Dubai City.

http://t0.gstatic.com/images

As a responsible steward of facilities and the environment, Dubai Pharmacy College:

- Strives to provide and maintain safe working environments that minimize the risk of injury or illness to employees, students and the public
- Continuously improves operations, with the goal of meeting or exceeding required and applicable environmental, health and safety regulations, rules, policies, or voluntary standards
- Employs innovative strategies of waste minimization and pollution prevention to reduce the use of toxic substances, promote reuse, and encourage the purchase of renewable, recyclable and recycled materials.

General Laboratories Safety Practices:

Good Laboratory Practice (GLP) is a set of principles that provides a framework within which laboratory studies are planned, performed, monitored, recorded, reported and archived. These studies are undertaken to generate data by which the hazards and risks to users, consumers and third parties, including the environment, can be assessed for pharmaceuticals (only preclinical studies), agrochemicals, cosmetics, food additives, feed additives and contaminants, novel foods, biocides, detergents and many more. GLP helps assure regulatory authorities that the data submitted are a true reflection of the results obtained during the study and can therefore be relied upon when making risk/safety assessments.



Common Errors in Laboratories:

Some common mistakes / unsafe practice committed in laboratories are:

- using excess chemicals
- heating a liquid in a test-tube unevenly
- pointing the mouth of the test tube towards others during heating
- not wearing safety spectacles when it is necessary
- not viewing reaction mixture in a test tube from the side, but directly abov
- touching hot object
- heating mixtures containing concentrated acid / alkali too strongly
- heating a closed system
- lifting or carrying reagent bottles by the neck / stopper
- removing safety spectacles while cleaning laboratory apparatus
- not labeling containers of chemicals
- not observing warning labels on containers of chemicals
- not replacing stopper of bottle immediately after use
- picking up broken glass with bare hands
- using glassware without checking for cracks
- placing reagent bottle near the edge of a bench
- using boss and clamp incorrectly (boss is not the right way up or the clamp is over tighten)
- leaving experiments unattended
- improper way of mixing / shaking of liquids in test-tub
- not using boiling stones during distillation or reflux
- placing flammable liquids near a naked flame
- lighting a Bunsen burner with the air hole of the burner open
- washing hot glassware in cold water
- improper connection leading to wrong direction of water flow in a water condenser
- adding water to concentrated sulphuric acid
- improper techniques leading to sucking back of water into a hot glassware
- taking away laboratory chemicals without notifying the teacher
- throwing a burning splint / burning object into a waste bin

Conclusion:

The cooperative efforts of the campus community to remain mindful of the set goals and minimizing errors will ensure that Dubai Pharmacy College continues to be a safe place to live, work and learn.

Mr. Muhammad Zile Elahi

Laboratories and Safety In-charge

