



NEWSLETTER

OCT/24

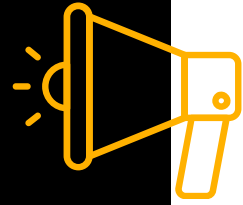


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DPC FACULTY COMPLETE CLTHE



Certification in Higher Education Teaching and Learning

We are proud to announce that several DPC faculty members have successfully completed the "Certificate in Teaching and Learning in Higher Education" (CLTHE). This program, delivered over three modules in 2024, provided advanced training in innovative teaching strategies and evidence-based practices, enhancing faculty effectiveness in higher education.



This practice-based course empowers our professors with advanced tools and methodologies, fostering an engaging and effective learning environment for our students. By focusing on innovative teaching strategies and evidence-based practices, our faculty continues to lead the way in providing exceptional education that meets the needs of tomorrow's pharmacists as healthcare professionals.

CONGRATULATIONS TO THE
DPC FACULTY ON THIS
ACHIEVEMENT !

DPCG FACULTY AND STUDENTS



PUBLISH

Groundbreaking Study on Date Palm Leaf Extract in PLOS One

PLOS ONE

RESEARCH ARTICLE

The wound healing and hypoglycemic activates of date palm (*Phoenix dactylifera*) leaf extract and saponins in diabetic and normal rats

Hanan S. Anbar¹, Naglaa Gamil Shehab^{1,2}, Ayah Yasin³, Lana Mazen Shaar², Ruba Ashraf³, Zahraa Rahi³, Raneem Alamir³, Deema Alsabbagh³, Aya Thabet³, Israa Altaas³, Yosra A. Lozon¹, Nadia M. M. El Rouby⁴, Aliasgar Shahiwala^{1*}

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Abstract

Introduction



Congratulations to our esteemed faculty members Dr. Hanan Anbar, Prof. Naglaa Shehab, Prof. Aliasgar Shahiwala, Dr. Yosra Lozon, and our dedicated DPCG students Ayah Al Yasin, Lana Mazen Shaar, Ruba Ashraf, Zahraa Rahi, Raneem Alamir, Deema Alsabbagh, Aya Thabet, Israa Altaas, along with Prof. Nadia M. M. El Rouby of Dubai Medical College, on the successful publication of their groundbreaking study in PLOS One, a distinguished Q1 journal.

This work, focused on the wound healing and hypoglycaemic activities of date palm leaf extract and its saponins, underscores the remarkable therapeutic potential of natural remedies in managing diabetes and promoting healing. Your dedication and invaluable contributions have not only advanced our understanding of these natural remedies but have also showcased the impactful research taking place within our community.



DPCG PUBLISH

FACULTY AND STUDENTS



Undergraduate Researchers at DPCG
Achieve International Publication in
Collaboration with Ulster University



antibiotics



Article

Pharmacists' Knowledge, Perception, and Prescribing Practice of Probiotics in the UAE: A Cross-Sectional Study

Maram O. Abbas ^{1,2}, Hanan Ahmed ³, Eisha Hamid ³, Dyshania Padayachee ³, Menah Talla Abdulbadia ³, Sohila Khalid ³, Ahmed Abuelhana ⁴ and Bazigha K. Abdul Rasool ^{3,*}

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Abstract: Background: The human body is a complex and interconnected system where trillions of microorganisms, collectively known as the gut microbiota, coexist with these cells. Besides maintaining digestive health, this relationship also impacts well-being, including immune function, metabolism, and mental health. As frontline healthcare providers, pharmacists are pivotal in promoting the benefits of probiotics for immune support. This study explored pharmacists' knowledge, perception, and practice behavior in the UAE towards the implication of probiotic application beyond digestive health, such as cardiovascular and mental health impacts and their diverse dosage forms. Method:



We proudly announce the remarkable accomplishment of our fresh graduates "**Hanan Ahmed, Eisha Hamid, Dyshania Padayachee, Menah Talla Abdulbadia, and Sohila Khalid**" who have successfully published their research, titled "Pharmacists' Knowledge, Perception, and Prescribing Practice of Probiotics in the UAE: A Cross-Sectional Study"

This impactful research was conducted under the expert guidance of **Prof. Bazigha K. Abdul Rasool**, Head of Pharmaceutical Sciences, and Mrs. Maram Abbas and in collaboration with esteemed faculty from Ulster University, UK. Their mentorship, along with the dedication of our students, continues to establish Dubai Pharmacy College for Girls as a center of excellence in scientific exploration and success



EMPOWERING CONNECTIONS AT GCC

Pharmacy Congress

Our Dean, Prof. Sherief, was pleased to speak at the recent GCC Pharmacy Congress, where he had the opportunity to engage with visionary leaders and emerging talents in pharmacy education and practice. He extended his sincere gratitude to Dr. Doaa Said and the entire Maarefah team for their exceptional organization and commitment to bringing this impactful event to life.



Date: 31 October - 01 November 2025
#GCCP2024



"A special thank you to Dr. Anas Hamad for the kind invitation. A word of appreciation to the scientific committee for curating essential and impactful discussions. A very special thank you to a dear friend and mentor Dr. Osama Tabbara for adding value, depth and genuineness to any event he leads or participates in. The Congress was a special opportunity for connecting, learning, and growing!"

Prof. Sherief Khalifa

DPCG SHINES AT 11TH GCC PHARMACY CONGRESS

DPCG participated prominently in the 11th Annual GCC Pharmacy Congress, held from October 25th to 27th, 2024, at JW Marriott Marina, Dubai. The college's presence was highlighted by an insightful opening session led by Prof. Sherief Khalifa, Vice Chancellor for Academic Affairs and Dean of Dubai Pharmacy College for Girls.

Prof. Khalifa delivered a thought-provoking talk titled "What Should Pharmacy Education Leaders Stop Doing?" followed by a lively panel discussion, offering attendees the chance to engage and ask questions.



The congress tackled essential challenges in the pharmacy profession and offered solutions for enhancing patient care. The scientific program included diverse, critical topics such as the future of pharmacy practice, advancements in ambulatory and clinical pharmacy, health economics, updates in oncology and hematology, digital transformation, pharmacy automation, and medication safety.

DPCG SHINES AT 11TH GCC PHARMACY CONGRESS

The event presented an excellent opportunity for attendees to broaden their professional networks, deepen their expertise, and engage with industry leaders. For the DPC-IVPN team, it was an invaluable experience, offering direct engagement with peers and professionals, inspiring insights, and the chance to contribute to meaningful discussions within the pharmacy community.



DPCG SHINES AT 11TH GCC PHARMACY CONGRESS

Four of our undergraduate students also contributed significantly, presenting their research through poster presentations that offered innovative perspectives on pharmacy practice and education:

- Ms. Jumana Haider Al-Anssari, under the supervision of Dr. Ammar Jaber, presented her study titled “Exploring the Advantages, Concerns, and Experiences of Using ChatGPT-4 in Clinical Education and Training for Pharmacy Students.”
- Ms. Haneen Badreldin and Ms. Naiba Khusrau, supervised by Dr. Semira Beshir, shared their literature review on “Pharmacotherapy and Psychological Support: Integrating Pharmacists into Comprehensive Cancer Care.”



Ms. Nadeen Waleed presented her research on “Current Strategies & Medications in the Management of Female Infertility.”

DPCSU-IPSF EXECUTIVE TEAM FOR 2024-2025!





DPCSU-IPSF
DUBAI PHARMACY COLLEGE FOR GIRLS
STUDENT UNION

**DPCSU-IPSF
Executive Board**
2024 - 2025



كلية دبي للصيدلة للبنات
DUBAI PHARMACY COLLEGE FOR GIRLS



Ayisha Shahid
Contact Person



Sham Hamoud
Chairperson



Eman Wahed
Vice Chairperson



Fathimath Fula
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Rahaf Al Raba
Chairperson of Media & Publications



Judi Alagha
Chairperson of Professional Development & Education



Raghda Al Raba
Student Exchange Officer



Aya Al Bakour
Chairperson of Public Health

This dynamic team is dedicated to expanding opportunities for pharmacy students through initiatives that drive professional growth, collaboration, and community impact. This year, our team will focus on organizing enriching educational events, impactful health awareness campaigns, and skill-building webinars tailored to empower students at every stage of their journey.

**STAY CONNECTED FOR UPDATES ON
EVENTS AND OPPORTUNITIES!**

Your participation will be key to make this journey truly transformative !!

DPCG SHOWS AT THE 20TH INTERNATIONAL EDUCATION

Dubai Medical College for Girls (DMCG) and Dubai Pharmacy College for Girls (DPCG) proudly presented our comprehensive Medicine, Nursing, and Pharmacy programs at the 20th International Education Show, held at Expo Sharjah. This event provided an excellent platform for aspiring healthcare professionals to explore their future career paths and engage with our expert faculty and representatives.



Our team was thrilled to introduce the next generation of healthcare leaders to the unique learning experiences and academic excellence that define our programs. We look forward to welcoming enthusiastic students dedicated to making a difference in the fields of Medicine, Nursing, and Pharmacy.

GRAND OPENING OF NEW PHARMACEUTICS LAB

We are thrilled to announce the grand opening of the new Pharmaceuticals lab within the Department of Pharmaceutical Sciences at Dubai Pharmacy College for Girls

This advanced facility has been designed to elevate the hands on learning experience for our pharmacy students. The lab will facilitate practical sessions across essential pharmaceuticals courses, allowing students to gain invaluable skills in formulating and preparing pharmaceutical dosage forms, compounding, and quality control.



Additionally, the lab will serve as a cornerstone for teaching Industrial Pharmacy, equipping students with a comprehensive understanding of modern pharmaceutical manufacturing processes.

With cutting-edge equipment and top-tier instruments, the new Pharmaceuticals Lab underscores our dedication to providing innovative and high-quality education. We are delighted to offer this exceptional space to our students and invite everyone to celebrate this significant milestone with us at DPCG!



DPC PARTNERS WITH OPEN AI

For innovative Learning

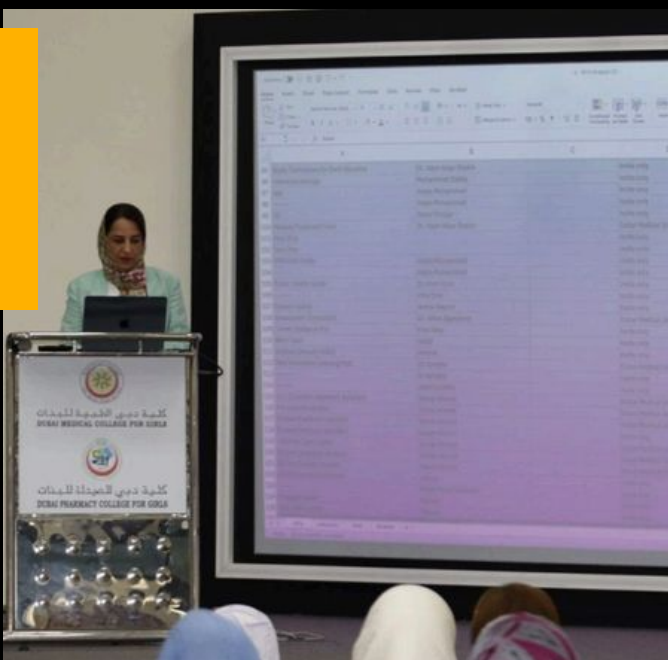


We are excited to share that the Dubai Pharmacy College has recently announced a strategic partnership with OpenAI, aimed at integrating cutting-edge technology into pharmacy education.

The collaboration underscores the college's dedication to preparing future pharmacists for the complexities of modern healthcare.

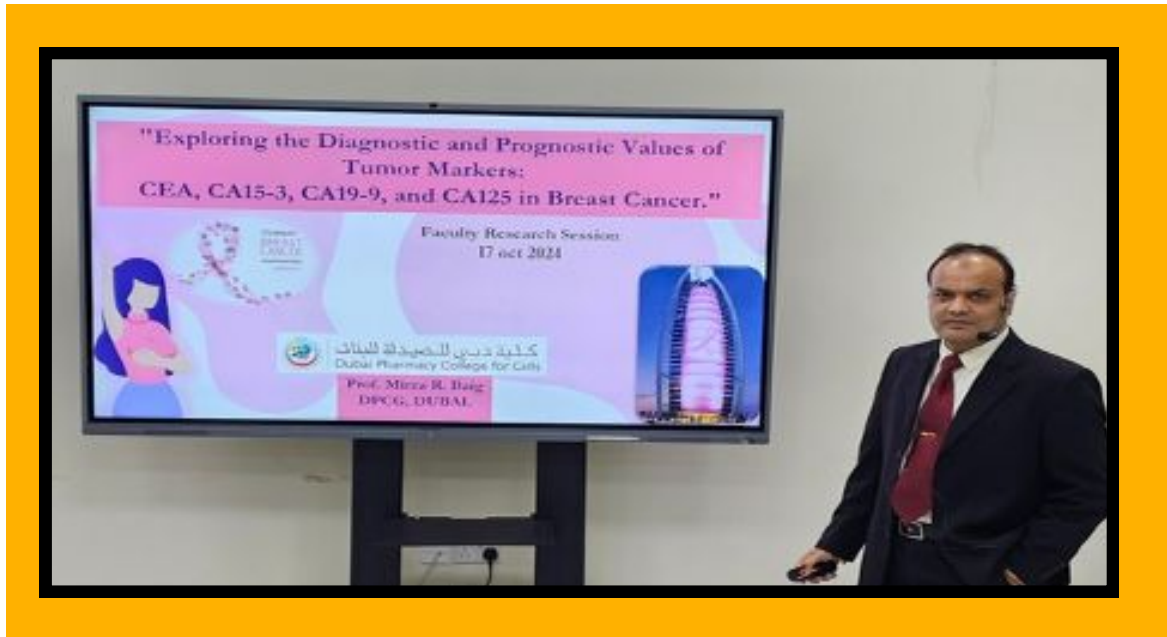


With AI becoming an integral part of the pharmaceutical industry, this partnership will not only enhance the quality of education but also equip students with essential skills that are highly sought after in the job market.



FACULTY RESEARCH SESSION

Illuminates Advances in Breast Cancer Diagnostics



We are thrilled to share the success of our recent Faculty Research Session, led by Prof. Mirza, Associate Dean of Clinical Affairs. The session, titled "Exploring the Diagnostic and Prognostic Values of Biological Markers: CEA, CA19-9, AFP, and CA125 in Breast Cancer," brought together faculty members from Dubai Medical College for Girls (DMCC), Dubai Pharmacy College for Girls (DPCG), and the College of Nursing (CON) for an inspiring exchange of insights and expertise.

Held on Thursday, October 17, 2024, the session offered a comprehensive exploration of the essential role that biological markers play in diagnosing and predicting outcomes for breast cancer, highlighting the importance of ongoing research in this field.

We extend our heartfelt appreciation to all participants, whose enthusiasm and engagement were key to making this session impactful.



DPCG HOSTS

SONAA AL GHAD SCHOOL STUDENTS

On October 31, 2024, Dubai Pharmacy College for Girls warmly welcomed students from Sonaa Al Ghad School for an engaging "Become a Pharmacist for One Day" experience. This unique event provided an exciting introduction to the pharmacy profession through interactive and practical learning activities.

BECOME A PHARMACIST FOR A DAY



The day began with an inspiring welcome speech by Dean Prof. Sherief Khalifa, setting the stage for an immersive experience. Students then participated in hands-on sessions in the Pharmaceuticals Lab and Simulation Lab, where they practiced essential skills and explored patient care exercises. The event concluded with a guided campus tour, offering students a glimpse into the life of a pharmacy student and showcasing the college's facilities.

MENTAL HEALTH DAY

PROMOTING POSITIVITY & WELLNESS

DPCG students recently hosted a Mental Health Day event that brought a refreshing sense of community and well-being to campus. This vibrant event aimed to uplift spirits, reduce stress, and encourage mental wellness through various engaging activities.



Throughout the day, students, faculty, and staff enjoyed a wide range of activities designed to encourage relaxation, self-expression, and connection. From hands-on crafts and games to mindfulness sessions, each part of the event aimed to promote mental wellness in a supportive and lighthearted atmosphere.

MENTAL HEALTH DAY

PROMOTING POSITIVITY & WELLNESS

The blend of creative and interactive experiences allowed participants to unwind, connect with each other, and embrace the importance of mental health in a positive, engaging way.



WORLD HEART DAY

This month, our Bachelor of Science in Nursing program, alongside the Community Engagement Department, proudly participated in World Heart Day at Dubai Medical College for Girls. The event aimed to raise awareness about heart health through engaging, hands-on experiences for the community.



Students hosted interactive stalls demonstrating hands-only CPR with mannequins, supported by Leader Healthcare's simulation tools, and provided vital signs checks, including blood pressure and pulse monitoring. Visitors enjoyed games promoting heart health and received valuable tips on healthy eating, nutritious alternatives, and the benefits of regular exercise to maintain a healthy heart.

SUCCESSFUL SIMULATED THERAPEUTICS SESSION

Brings Acute Asthma Management to Life for Fourth-Year Pharmacy Students

Simulation Center and Pharmacy Practice Department Lead the Way in Experiential Learning

In a groundbreaking initiative for experiential education, the Simulation Center, in collaboration with the Pharmacy Practice Department, hosted a successful Simulated Therapeutics Session on October 8th and 10th, 2024. The session utilized the innovative Problem-Based Learning (PBL) approach to immerse fourth-year pharmacy students in acute asthma attack management, effectively bridging the gap between theory and practice.

Guided by Prof. Kishore, Head of the Pharmacy Practice Department, and supported by a team of accomplished instructors and simulation professionals, this transformative session left a lasting impression on Cohort 30 students.

PREBRIEFING



Purpose and Vision

The session was designed to:

- **Enhance Practical Knowledge:** Provide hands-on exposure to therapeutic principles in realistic clinical settings.
- **Develop Critical Thinking:** Strengthen clinical decision-making and problem-solving abilities through dynamic simulations.
- **Prepare for Real-World Challenges:** Build confidence and competence in managing complex clinical scenarios, such as acute asthma attacks.

SCENARIO



The Team Behind the Session

- Instructors: Dr. Eiman Shamseldin, Dr. Doaa Kamal, Dr. Sahar Elnajjar
- Visiting Faculty: Dr. Semira Bashir, Dr. Yosra Lozon
- Simulation Team: Ms. Rosita Pangilinan

DEBRIEFING



Session Highlights

- **Immersive Learning:** Engaging lifelike simulations deepened students' understanding and retention of pharmacotherapeutic concepts.
- **Pharmacotherapeutics in Practice:** Acute asthma management scenarios brought classroom theory to life, fostering a seamless connection between learning and clinical application.
- **Empowered Decision-Making:** PBL simulations enhanced students' ability to tackle intricate medical challenges with confidence.

BREAST CANCER AWARENESS CAMPAIGN



The Public Health Committee within **DPCSU-IPSF** recently led an impactful online awareness campaign aimed at educating and engaging the community about breast cancer. This initiative utilized various social media tools to raise awareness, starting with a series of interactive Instagram stories. These stories featured nine end-poll questions, which increased engagement with public audience.

The campaign's highlight was an educational reel, which garnered an impressive 94 likes and 1,598 views. The reel featured five enthusiastic participants, who addressed common myths and facts related to breast cancer, helping to provide clarity and accurate information to the audience.

This initiative, not only provided critical educational content but also fostered a sense of community engagement and support. It was a significant step in using digital platforms to reach a wide audience, amplify the message, encouraging peers to stay informed and take proactive steps in their health and well-being.

DUBAI PHARMACY COLLEGE SHINES AT DUBAI POLICE SECURE DEBATES



We are thrilled to announce that our exceptional students from Dubai Pharmacy College recently had the honor of representing our institution at the prestigious Dubai Police Secure Debates, held on Monday, October 7, 2024, at the Sheikh Mohammed bin Rashid Library. Competing alongside top universities across Dubai, our team demonstrated remarkable skill, collaboration, and professionalism throughout the event, making us immensely proud.



Leading the team was Naiba as Debate Team Leader, supported by Nadeen as Deputy Team Leader, Eman as Team Secretary, and Suha as an active team member. Their success was further guided by their Academic Supervisor, Dr. Rana, whose support and mentorship were invaluable. Together, our students exemplified the spirit of dedication and hard work, showcasing the high standards of Dubai Pharmacy College.



GLOW



AND



TELL



DIY



HOMEMADE POTPOURRI

A NATURAL SCENT FOR YOUR HOME

Potpourri is a fantastic, budget friendly way to add a natural, long-lasting fragrance in the comfort of your home. Not only to they smell great, they can also have therapeutic properties such as reduce stress, and promote relaxation.



The ingredients you will need includes:



**DRIED
FLOWERS**



**DRIED
CITRUS**



**HERBS
LIKE
THYME**



SPICES



**ESSENTIAL
OILS**



1



BEGIN BY SEPARATING THE FLOWER PETALS FROM THEIR STEM. YOU WILL NEED TO DRY THEM FIRST BY SIMPLY SPREAD THE PETALS IN A LAYER ON A BAKING SHEET. LET THEM AIR DRY IN A SUNNY AREA FOR A FEW DAYS.

2



SLICE THE CITRUS FRUITS OF YOUR CHOICE AND PLACE THEM ON A BAKING SHEET AND AIR DRY THEM. THE SAME METHOD GOES FOR THE HERBS OF YOUR CHOICE.

3



ONCE EVERYTHING IS DRIED, MIX THE FLOWERS, CITRUS FRUITS AND HERBS IN A LARGE BOWL.

ADD A FEW DROPS OF ESSENTIAL OIL TO THE MIX. START WITH 3-5 DROPS. STIR TO DISTRIBUTE THE SCENT THROUGH THE MIXTURE.



4

5



TRANSFER THE POTPOURRI TO A DECORATIVE GLASS JAR AND LET IT SIT FOR 1-2 WEEKS. THEN YOU CAN PLACE IT ON ANY PART OF YOUR HOME

UNFORTUNATELY, POTPOURRI SHOULD BE USED IN CAUTION IN PEOPLE WITH RESPIRATORY ISSUES AS IT CAN TRIGGER ALLERGY



RETINOL BANNED?!

Is it true that Retinol is getting banned? How come? No it has got to be a rumor! Well @secrets_del_luna has come to the rescue. There has been some talk in the skincare field that retinol concentrations have been doing bad a lot more than it has been doing good



The main problem for this is the concentration of retinol in products. Retinol is well known for its gold standard in collagen production and anti-aging

Its side effects are a bit more disturbing if not using the right concentrations, these side effects include irritation, peeling and sun sensitivity.



The EU also known as the European Union have outlined new regulations limiting retinols concentration due to health concerns and this has driven brands to look for effective alternatives.

Here is where Harungana comes in



Clarins have released a new serum that has been taking the world by storm called the Double Serum with the organic Harungana as one of its key features also known as "Nature's Retinol" which works to regenerate the skin cells, stimulate collagen production and accelerate cell turnover without the irritation or sensitivity associated with retinol.



This serum is safe for all skin types and is even recommended to be used safely during pregnancy unlike retinol

We have seen a lot of influencers and celebrities using this serum in their daily routine like Angelina Jolie, Eva Longoria and Nina Dobrev, who all have seen the fast effect of the serum as soon as 7 days after using it daily they have noticed an immense difference in how plump and firm their skin has become.



THIS HAS BEEN @SECRETS_DEL_LUNA BRINGING THE LATEST SKIN CARE TRENDS AND SECRETS, STAY TUNED FOR MORE EXCITING TOPICS, ADIOS

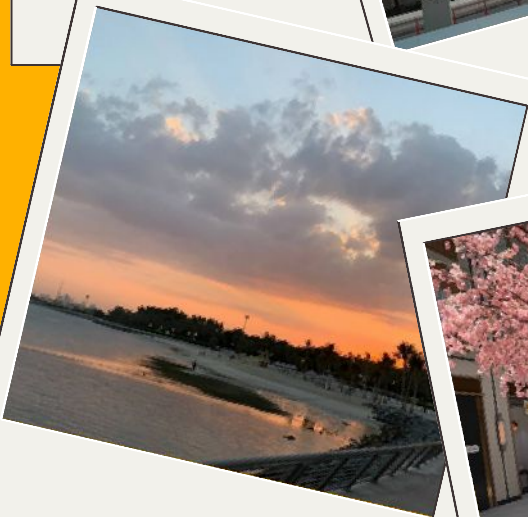
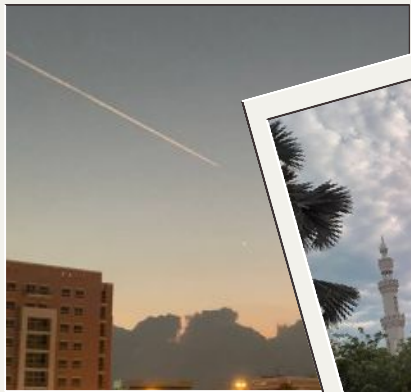
MEET OUR



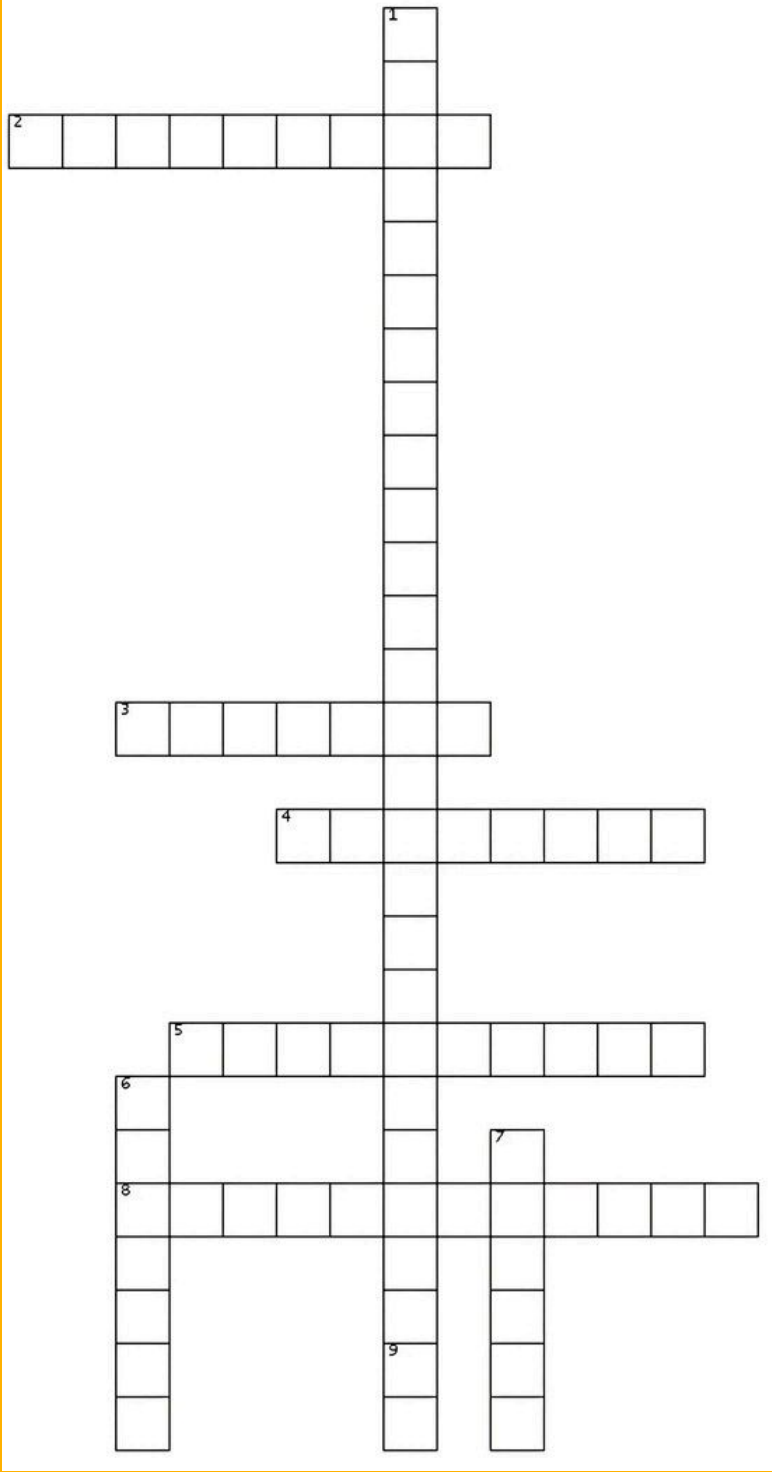
CAMPAIGN PHOTOGRAPHER

AYA MSHLH !

Aya Mshlh from batch 31, a visionary behind the lens. With an unparalleled eye for detail, Aya captures moments that transcend time, turning ordinary scenes into extraordinary stories. Her work showcases the essence of our campaign and brings a unique perspective to every frame.



HALLOWEEN CROSSWORD



ACROSS

- 2. Iconic slasher film featuring Michael Myers
- 3. A genre of horror films characterized by violent scenes and a killer
- 4. A supernatural horror film involving a demonized child
- 5. Horror film with a famous quote: "Here's Johnny!"
- 6. The family that is both spooky and kooky
- 9. loveable ghost film featuring a character named Casper

DOWN

- 1. Tim Burton film featuring the Pumpkin King.
- 6. This classic monster was famously played by Bela Lugosi
- 7. A loveable ghost film featuring a character named Casper



A Glance



AHEAD

WORLD ANTIMICROBIAL AWARENESS DAY

BY CEU

Join us in raising awareness & taking action to combat antimicrobial resistance for a healthier future.



WORLD DIABETES DAY

BY DPCSU-IVPN



This day marked annually on November 14, serves as a crucial global campaign to raise awareness about the rising challenge of diabetes. This day underscores the need for education, awareness, and accessible healthcare for everyone. World Diabetes Day reminds us that early diagnosis, lifestyle adjustments, and collective support are essential to managing diabetes and enhancing quality of life. Together, we can work toward a healthier, more informed world

DUBAI FITNESS CHALLENGE

BY CEU



Dubai is gearing up for an action-packed month of sport and fitness as it opens registrations for the 8th Annual Dubai Fitness Challenge (DFC). Led by His Highness Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum, the initiative encourages residents and visitors to commit to 30 minutes of daily exercise for 30 days, promoting an active and healthier lifestyle across the city.



STUDENTS EXCHANGE PROGRAM

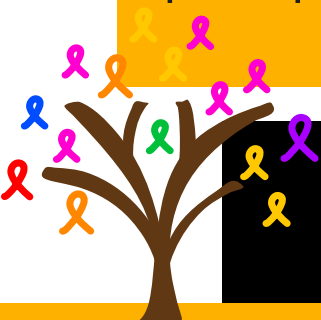
BY DPCSU-IPSF



A study program for students to travel abroad from their home university to another university both internationally and domestically which is arranged by two institutions.

The DPCG Students Union, a member of the International Pharmaceutical Students' Federation (IPSF), was recognized for its outstanding performance and diverse activities at the previous IPSF World Congress.

Through the IPSF, DPCG gives its students an opportunity to participate in the Student Exchange Program and develop their abilities in every field.



WORLD CANCER DAY

Each year on February 4, this day unites people globally to bring attention to the importance of cancer awareness, prevention, and early detection. This year's theme, "Close the Care Gap," emphasizes the need for equal access to cancer treatment and resources, recognizing that everyone deserves the same chance to fight and overcome this disease. World Cancer Day aims to foster a future where no one faces cancer alone, and everyone has the opportunity for quality care and support.

MEET THE TEAM

STUDENT EDITORIAL TEAM:

Head of Newsletter:

Editor: *Joud Hourani* [Batch 31]

Co-Editor & Reviewer: *Fathima Nooha Sameer* [Batch 31]

Valued Members:

Aasma Abdul Kareem [B 31] , *Aisha Abdulelah* [B 31],
Aisha Nasir Mahmood [B31] , *Aya Muhannad* [B 31],
Badra Ejaz [B31] , *Enji Hammad* [B 31] , *Jehan Salah*
[B31] , *Luna Abou Chameh* [B 31], *Mariam Etri* [B 31],
Sana Nazim [B 31], *Sara Abdelfattah* [B 31], *Ayesha*
Shahid [B 32], *Amna Farrukh* [B 32], *Rahf Saeel* [B 32],
Sheikha Shahid [B 32], *Toleen Waleed* [B 32]

Faculty Review Team

Dr. Rana Sammour

Supervisors: *Mrs. Sadaf Sana & Ms. Yasmein Salem*



SHARE YOUR PASSION WITH US !!

**Do you have something special you'd like to showcase?
Whether it's a hobby, a skill, or something you love
doing, we want to hear from you! This is your chance
to be featured in the next issue of our newsletter.**

**Whatever it is, we'd love to see it! Your contribution
could inspire others and make our community even
more vibrant !!**

Send your submissions to our heads:

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Contact: 050 793 3492

Co-Editor: Fathima Nooha

Contact: 050 318 4638