

DUBAI PHARMACY COLLEGE FOR GIRLS

NEWSLETTER

MARCH/2024



"People die, but memories last forever"



Late HAJ SAEED BIN AHMED AL LOOTAH
(1923 - 2020)
Founder



مؤسسة سعيد أحمد لوتاه الخيرية
Saeed Ahmed Lootah Charity Foundation

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PATHWAY TO PHARMACY RESIDENCY

WEBINAR



On March 1, 2024, the "Pathway to Pharmacy Residency in UAE" session unfolded, organized by Dr. Rizah Anwar Assadi from the career guidance and alumni affairs unit. With a diverse audience comprising of MPharm students, alumni, and BPharm students, the event, led by moderators Jannah Faisal (MPharm 2nd year) and Hanan Al Helo (BPharm 4th year), went beyond a typical webinar.

The session, enriched by the insights of distinguished speaker Dr. Mariam Diab, provided invaluable information on the pathway to pharmacy residency.

The audience gained insights into the reasons behind pursuing residency, its benefits, and practical guidance on how to apply, including details on the application process. This comprehensive approach made it a pivotal platform for learning, mentorship, and empowerment in the pursuit of pharmacy careers in the UAE.



WORKSHOP BY DR.SEMIRA FOR IPSF 2ND GLOBAL RESEARCH LAB

The International Pharmaceutical Students Federation (IPSF) organized its second global research lab to enhance the research skills and knowledge of international pharmacy students. As part of this initiative, Dr. Semira Beshir delivered a workshop titled "Exploring literature review approaches: systematic review and beyond" on March 1st, 2024.

The workshop aimed to equip pharmacy students with the necessary skills and knowledge to conduct comprehensive literature reviews. Specifically, it aimed to:

- Introduce students to different approaches to literature review, focusing on systematic review methodologies.
- Provide guidance on conducting thorough literature searches, critically evaluating sources, and synthesizing information effectively.
- Foster an understanding of the importance of literature reviews in informing evidence-based practice and advancing pharmaceutical research.



Participants gained valuable insights and practical skills in conducting literature reviews because of the workshop. They acquired knowledge on navigating various literature review approaches, including systematic reviews, and applied critical thinking and analysis to effectively evaluate research literature. Overall, the workshop contributed to the professional development of pharmacy students, empowering them to become proficient researchers in their field.

FIRE SAFETY AND MARSHALL TRAINING FOR STAFF, STUDENTS & FACULTY

A Fire Safety Level 2 And Fire Marshall Training was conducted for the staff, faculties, And students on March 01, 2024 by the OHSE Unit of the college. Held at the DPCG Lecture Hall I, the students, teachers, and staff were educated about fire hazards and how to prevent fires from occurring. This includes proper storage of flammable materials, appropriate use of electrical equipment, and good housekeeping practices.

Fire safety training teaches individuals how to respond effectively in the event of a fire emergency. This includes understanding evacuation procedures, knowing how to use fire extinguishers, and being familiar with emergency exits.

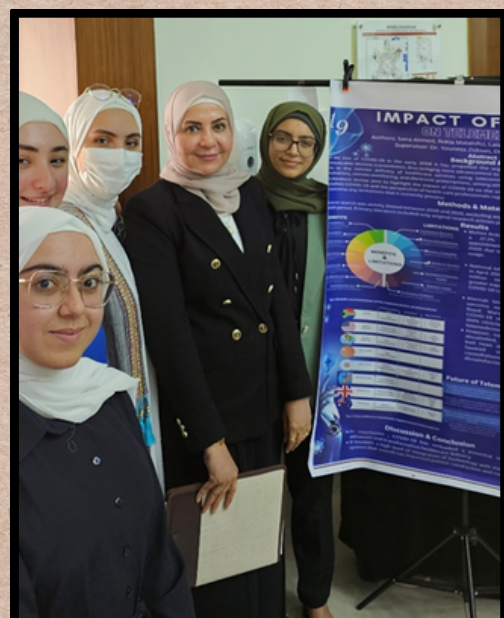
By increasing awareness of fire safety principles and practices, training can help reduce the likelihood of fire-related incidents in educational facilities. This not only protects the lives and safety of students and staff but also minimizes property damage. It also empowers individuals by providing them with the knowledge and skills necessary to take appropriate action during a fire emergency. This can help instill confidence and reduce panic in potentially life-threatening situations.

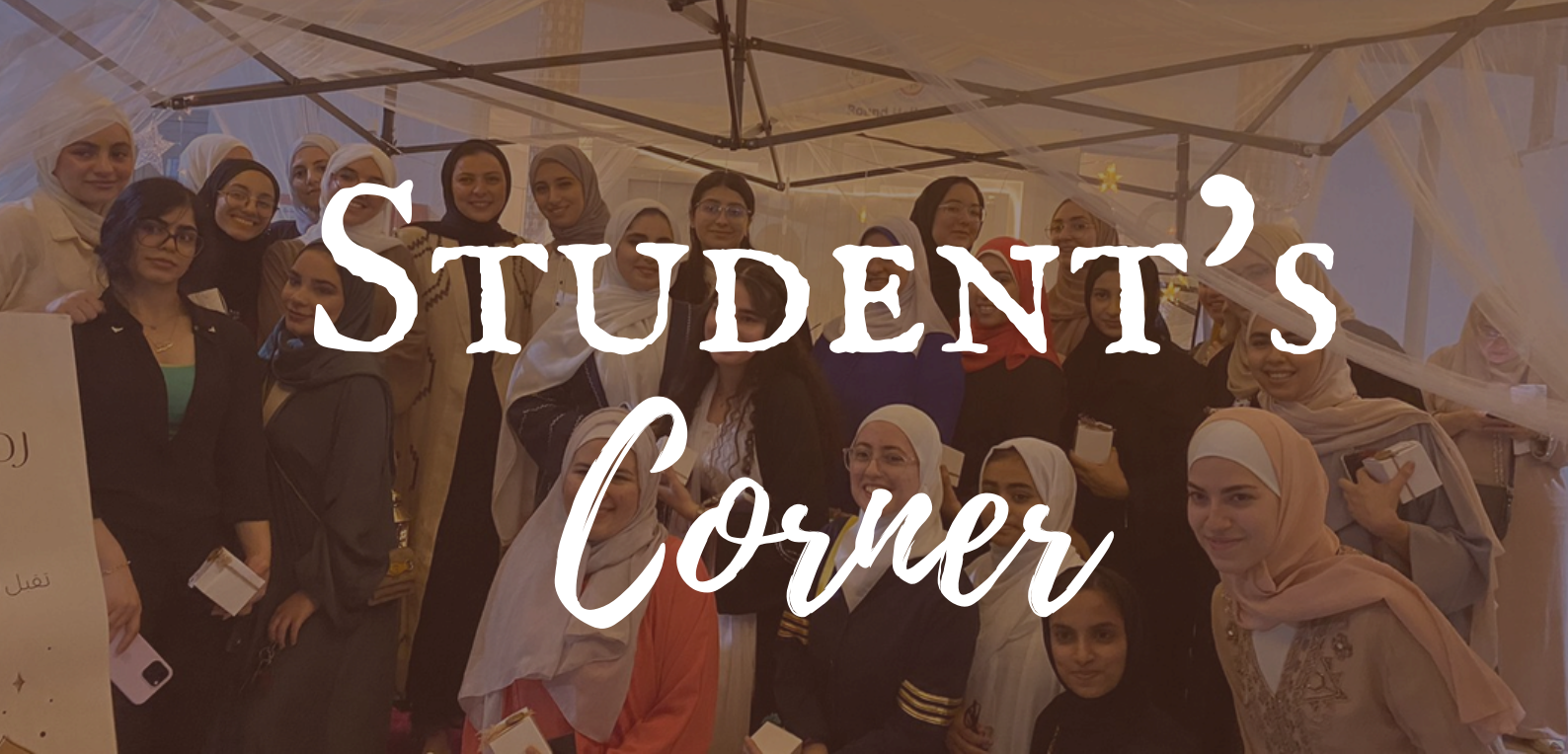




FACULTY PARTICIPATION IN THE RESEARCH DAY

As a collaboration between DMCG and DPCG Prof. Naglaa, Prof. Bazigha, and Dr. Hanan were invited as poster evaluators to support the scientific level and research quality improvement of DMCG students in the Dubai Medical College Research Day, which was held on 22nd February 2024; 9 am - 12 pm.





INTERNATIONAL WOMEN'S DAY

By Student Affairs Unit of DPCG & DMCG

The talk delivered by alumni graduates provided a platform to valuable insights, expertise, and knowledge pertinent to the fields of Pharmacy and Medicine.

Through sharing their experiences, challenges, and accomplishments, alumni offered practical advice, industry perspectives, and academic insights to current students, enriching their understanding of the profession and preparing them for future endeavors. By highlighting the achievements of female graduates, the event contributes to challenging gender stereotypes, promoting equal opportunities, and advocating for the representation of women in healthcare. Moreover, it fosters an inclusive campus culture where all individuals, regardless of gender, feel valued, respected, and empowered to pursue their academic and career aspirations.

By celebrating International Women's Day on 6th of March through the engagement of alumni graduates in Pharmacy and Medicine, educational institutions can foster a culture of empowerment, inspiration, increased motivation and confidence among female students, strengthened alumni-student connections, enhanced support networks.



RAMADAN IFTAR & INTERNATIONAL HAPPINESS DAY

By Student Affairs Unit of DPCG & DMCG

Dubai Pharmacy College for Girls warmly welcomed students and members of its community to the Enriching Ramadan Iftar Gathering held on campus. This event aimed to create an inclusive atmosphere where individuals could come together and share in the spirit of Ramadan.

The gathering provided an opportunity for attendees to engage in meaningful conversations, exchange ideas, and build relationships. By bringing people together from diverse backgrounds, the event highlighted the importance of unity and understanding in our college community.

As we continue to uphold our commitment to creating an enriching educational environment, events like these play a vital role in promoting mutual respect among all members of the Dubai Pharmacy College for Girls community.





OBESITY DAY ACTIVITY

On 28th March, at Nabtahealth Clinic Jumeirah, a two-hour Obesity Day activity was conducted, featuring poster presentations and a Q&A session. Two students participated in educating patients and clinic staff about the impact of medications on weight gain, aiming to promote treatment adherence. Through informative posters and interactive discussions, the students enhanced understanding and awareness of medication-related weight issues. This activity not only improved knowledge among patients and clinic staff but also strengthened relationships between students and healthcare professionals, fostering collaborative practices.





DR. SIMA JABBARI



Dr. Sima Jabbari completed the key formative years in school and college in the UAE. She is an alumna of Dubai Pharmacy College (DPC), belonging to its class of December 1996, where she graduated with 'excellence' in Pharmacy (Equivalent to Honors), as proximal accessit. Consequently, she was actively recruited as a teaching assistant and institutional research associate at DPC. Driven by a relentless pursuit of excellence in the international arena, Sima made the decision to pursue doctoral studies at Purdue University, a prestigious institution ranked among the top 10 US Public Universities (top 80 universities worldwide). It was during her time in the United States that she discovered her passion for clinical pharmacy, culminating in her graduation with an 'excellent GPA' from Purdue University in West Lafayette, Indiana.

During her doctoral studies, her personal life changed, as she embraced marriage and welcomed her daughter, Kiana in 2005. In order to balance her new extended family responsibilities, Sima started a Faculty role at the Higher Colleges of Technology (HCT), one of the UAE's premier government-administered educational institutes. Starting as a lecturer in the Bachelor of Pharmacy program, she was promoted, each quinquennial cycle, to leadership roles with greater responsibility, initially as program team leader, then academic program coordinator, and eventually to program chair of Health Sciences. In this latter capacity, she oversaw the management of the Pharmacy, the Medical Imaging, and the Nursing programs, with consequential improvements in educational quality, student and staff satisfaction as well as academic excellence, during her 18-year tenure. With her daughter now left home for University abroad, Sima was ready again for another transformative step. Coincidentally, it was at this time when she was encouraged to explore new challenges at her alma mater, (now the integrated Colleges of Medicine, Pharmacy and Nursing as well as the Lootah Technical Centre). She now consequently has a senior executive role as an education consultant supporting and initiating institutional-wide projects in undergraduate and postgraduate education as well as expanding the academic networks and planning future impact options appraisals.

In summary, Sima has tried to evolve from driving quality as an individual, to supporting her teams, in conducive working environments, to do the same on a larger and more impactful scale. She has also embraced family life but now welcomes the opportunity to explore a more holistic executive portfolio. In her spare time, Sima is a people orientated person and particularly values diversity of culture and speaks several languages. She is also a keen reader of books and loves walking.

MEET THE TEAM !!

STUDENT EDITORIAL TEAM:

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Co-Editor & Reviewer: *Fathima Nooha Sameer* [Batch 31]

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Jehan Salah [B 31]

Luna Abou Chameh [B 31]

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