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I am delighted to see the 50th issue of the DPC Newsletter. It seemed just like yesterday and today it has completed so many issues of successful publication. Without the co-operation of all the faculty, staff, students and alumni seeing this day would have surely been impossible.

I am sure the success of DPC Newsletter will keep going well beyond the fiftieth issue. It is truly a matter of joy and success. I look forward for all your continued support. Best wishes in your work and may it reach great heights in the years to come.

Hearty congratulations to the DPC family for this grand success.

Prof. Saeed Ahmed Khan Dean, Dubai Pharmacy College

Celebrating





I still remember the day when Prof. Khan had asked me to start up a college magazine. Ever since its launch in July 2011, the excitement of seeing the newsletter come together each month with an array of DPC news and achievements has never ceased.

Publication of this 50th issue is a very important milestone for the DPC community. The DPC Newsletters have shared some of the proud moments of Dubai Pharmacy College. I trust your contributions will continue to be on its way to be published in the forthcoming issues. Thank you for sharing with us your thoughts and success that you have worked so hard to refine.

I am certain that the DPC Newsletter team will continue in their efforts reaching new heights of excellence. The thrill of new ideas will always continue to be an inspiration. Most of all, I extend my sincere thanks to everyone involved!





Sabeena Salam Editor, DPC Newsletter

MoU with Universal Hospital

5th

Abu Dhabi, UAE



(Prof. Dr. S.A. Khan, Dean, Dubai Pharmacy College with Dr. Shabeer Nellikode, Managing Director, Universal Hospitals)

Dubai Pharmacy College had a *Memorandum of Understanding* (MOU) with Universal Hospitals, Abu Dhabi. The signing ceremony was held in Universal hospital Abu Dhabi on Sunday, 26th March 2017. According to the MOU, any student from Abu Dhabi Emirates can be able to do 12 weeks hospital training for B.Pharm and 28 weeks Clinical clerkship for postgraduate M.Pharm (Clinical Pharmacy) courses. Both the parties have a firm belief that, the progress and development could only be achieved through linking the university to the practice setting based on breaking the barriers between academic and real practical life in order to help the students to achieve the highest degree of expertise and efficiency in their profession and to prepare them for their role as competent Pharmacist/ Clinical Pharmacist in the healthcare team.

Global Pharmaceutical and Medical Research Conference (GPMRC) 2017

Every year, research organization Saudi Arabia in conducts a specific research conference to provide a platform exchange knowledge experience about pharmaceutical and medical research and to present the latest updates. This year GPMRC 2017 was conducted in Sheraton Creek Dubai Hotel, on April 14-15th 2017. Dubai Pharmacy College was a media partner for this conference



Prof. Dr. S.A.Khan, was the chair person for the conference.



Dr. Mirza R. Baig was a member in the scientific committee and moderator for post graduate and PhD students research presentations. He was a invited speaker in the conference and had a talk on "Developing Research Skills among undergraduate students for research projects".

Dr. Juliana Roos was also a invited speaker in the conference and had a talk on "Barriers and tips for healthcare research publication".



The 2nd Pharmacy Practice Update Symposium

Al Baraha Hospital under the patronage of Ministry of Health & Prevention, UAE and in collaboration with new country healthcare LLC conducted the 2nd Pharmacy Practice Update symposium at Al Owais Auditorium, Al Baraha Hospital Dubai on Friday 21st April. The Symposium was attended by more than 300 practicing pharmacist.

Dr. Bazigha Abdul Rasool, the invited speaker in the symposium, had a talk on "Rational use of dietary supplements in self-medication and role of the pharmacist".





Dr. Mirza R. Baig was the invited speaker in the symposium and had a talk on "Pharmacist attitudes towards patient for promoting behavioral changes".

"Gaining knowledge is the first step to wisdom. Sharing it, is the first step to humanity".

GLOBAL DAY 2017



"Global Day" a cultural activity organized by Student Affairs and the Student Union of DPC aimed to widen the students' cultural horizon, propagate traditional culture of each country and present global customs and traditions.







A wonderful blend of various cultures with traditional dances from the Asian to the Mediterranean continent which included the pavilions of the Arab countries. The pavilions enhanced the taste buds with some of their specialty dishes like the Egyptian kushari, Iraqi dolma, Syrian cubba and the Emirati ligamat along with Indian and Pakistani Biryani and Gol Gappas. The event brought together the college community. Definitely it was a major success.





BLOOD DONATION & THALASSEMIA CAMPAIGN

haemoglobin gene. The disorder cells. The best way to prevent the Nowadays, the number of blot thalassemia patients is in need	n genetic disorder in UAE and the gulf region in general. It is a defect in the er cause problems in oxygen carriage and successive destruction of the red blood ne spread of this disease is by raising awareness and genetic counselling. bood related diseases which requires blood transfusion is elevating. Also, the for constant blood transfusion .Therefore, DPCSU-IPSF PH committee organized thalassemia, the importance and methodology of safe blood transfusion.
Blood Donation and	Organized by DPCSU- IPSF Public Health committee members and the DPCSU-
Thalassemia Campaign	IPSF office.
	Partner Organizations:
	Dubai Blood Donation Centre of the Dubai Health Authority.
	Dubai Medical College
	Lootah Technical Centre.
Event Coordinator	Einas Al-Razouk & Mariam Mohammad (Batch 23)
Date and time of the activity	15 th March, 2017
Venue	College premises and Round Hall
Target audience	The targeted audience were the pharmacy and medical students and staff in the
	college, especially the newly admitted pharmacy students.
	The number of the visitors: 200
Event Program:	 Program starts at 9.00 am with the blood donation center arriving at the campus. All donors were registered before donating and they filled a blood donation form and questionnaire. The Hb Levels were checked first for all the donors. Some of them didn't get the chance to donate because they were anemic. At 12:15 the Thalassemia awareness event started and visitors passed around three sections. The first section was related to blood and the importance of blood donations and other information related to blood transfusion. The second section explained what is thalassemia, its types, symptoms and management. The third section was a video about thalassemia was played To create awareness among people a small quiz which was arranged Thalassemia Article Competition was held and the winners article published in newsletter
Special thanks to	All the student coordinators







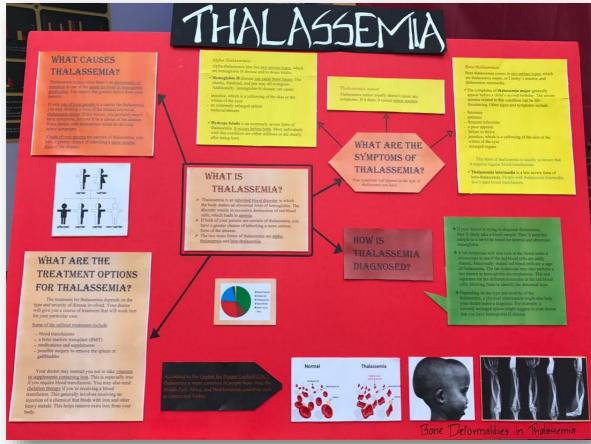
















You're Somebody's Type

I'm 19 years old carrying the gene for Thalassemia. I'm just a carrier nothing severe thank God. Being a carrier isn't as scary as it seems. Some people don't have any idea about this disorder unfortunately, but I'm here to inform you about this disorder and its symptoms.

Thalassaemia is the most common inherited disorders in the world with the highest prevalence in areas where malaria was. The burden of this disorder in many regions is of such a magnitude that it represents a major public health concern. For example, in Iran, it is estimated that about 8,000 pregnancies are at risk each year. In some endemic countries in the Mediterranean region, longestablished control programs have achieved 80-100% prevention newly affected births. Thalassemia is a blood disorder inherited from the parents due to either a genetic mutation or deletion of certain key gene fragment. At least one of the parents should be carrying this gene in order for it to take over to their kid's genes.

If one of the parents is a carrier then their child will be considered having a disease known as thalassemia minor. Thalassemia minor won't have symptoms on the child, and the child will just be a carrier. Some people with thalassemia minor would have less serious symptoms just like minor anemia. If both parents are

carrying thalassemia, the child will have a greater chance in getting major thalassemia. That's why before marriage, the couple going to get married should do a blood test to avoid giving birth for a kid with major thalassemia and making the kid suffer. The symptoms of major thalassemia could be paleness, frequent infections, poor appetite, failure to thrive, and jaundice which is yellowing of the skin or the whites of the eye. Thalassemia could be diagnosed when a blood sample has been taken and sent to the lab.

The lab will test for anemia or abnormal hemoglobin and the sample will also be looked at under a microscope to see if the shape of the red blood cells are odd. A sign of thalassemia could be the abnormal shape of the red blood cells. For this disorder to be treated it will depend on the severity of the disease this patient is involved with. Some of the main used treatments are blood transfusion, bone marrow medications transplant, supplements. For patients with minor thalassemia it requires taking vitamins and supplements containing iron. As for those with major thalassemia, they are in need for blood transfusion and the doctor will instruct them not vitamins take or iron supplements. Blood transfusions provide the patient with extra iron that the body can't get rid of which can be potentially fatal.

Thalassemia won't have dangerous effect on these carriers, but it could lead to the death of those who are having major thalassemia.

Despite the fact that plenty of people don't know much about thalassemia, there are many charities supporting these patients and many people are being helpful by donating blood. Donating blood isn't as simple as it seems. Think about it this way, when you donate money you are giving food, but when you donate blood you are giving life!

A mother's tears won't save the life of her child, but your blood can. Blood donations or other should solutions be the responsibility of the government. Healthcare providers such as hematologists are also responsible for treatment of blood disorders. Collecting blood is not the only answer for these severe cases, long established control programs play a great role in preventing this disorder from affecting the future generations. Individuals at risk of an inherited disorder should visit genetic counselors. By doing this, a genetic research will be done for the couples that are getting married. The couples will be informed about the results of the future expectations for their offspring.

Society should be convinced that 'prevention is better than cure'.

Lama Mohammad Ammar Lutfi (Batch 25)



FIRST AID TRAINING COURSE

First Aid course of knowledge and practice is essential for any health care professional. It builds leadership, teamwork and problem solving skills. Sympathy, empowerment and



seriousness are to be acquired as well. DPCSU-IPSF Professional Development & Education Committee First Aid Course organized a four day first aid course. The aim was to facilitate the spread of basic level of first aid knowledge among DPCSU members and to initiate this event to be held on an annual basis. SANID (Emirates Foundation For Youth Development), email Course http://www.sanid.ae/en/about-us/ **Date and time of the** 12th – 15th March, 2017 activity Venue College premises **Target audience** The number of the trainees was 42. **Course Details:** Basic first aid techniques lessons, e.g of shock, burns, CPR Lecture on leadership skills Orientation to SANID. Evacuation Methods.

2. Search and rescue

The different indications of the label colors.

All the participants were divided into 5 groups:

3. Logistics

Firefighting procedures.

Triage methodology.

- 4. Evacuation
- 5. First aid service unit
- A scenario of a crisis was set by the trainers then the first aid team, which is composed of 4 groups, practiced how to deal with such situation..

The psychology of people in crisis and how to deal with them.

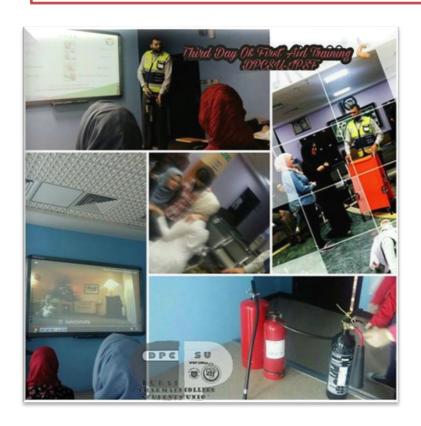
Assigning teams leaders for the next final practicing day.

Special thanks to SANID



FIRST AID TRAINING COURSE















The Ehsaan Club organized a visit to the Special Needs Centre and after interacting with the Down Syndrome students was remarkable. Their special way of showing joy and love was something that touched our hearts and opened up our minds.

According to statistics there is 1 in every 800 newborn babies prevailing with this condition in the world. In a recent survey conducted by the Ministry of Health, UAE the figures are much higher with 1 in every 390 births affected with down syndrome.

As a part of community engagement initiative, the Ihsan club arranged a walkathon in

Al Khawaneej walkway, on the 21st of March, 2017 in collaboration with the Dubai Customs to raise awareness among the community regarding this crucial condition - simply because their condition is not well understood. The goal of the walkathon being to raise awareness about the condition and gain acceptance in the community

The main focus was to give the community an idea about the capabilities of people with down syndrome and how early intervention like Special Needs Centre can help improve their skills and bring out their creativity, supported by many examples of people with the condition who are now leaders and renowned figures in many different fields around the world.

Al Khawaneej walkway was bustling with different people with different ages, professional backgrounds and cultures, 90% of which approached our stand to ask and get information about the condition.





DUPHAT 2017

Pharmaceuticals and Technologies
Conference and Exhibition (DUPHAT)
has evolved to be one of the most important annual pharmaceutical events, since its inception in 1995. The event is held under the patronage of His Highness Sheikh Hamdan bin Rashid Al Maktoum, Deputy Ruler of Dubai, Minister of Finance, UAE and President of Dubai Health Authority.

DUPHAT serves as the convergence point for pharmacists, physicians, scientists, marketing professionals, researchers, paramedical professionals, drug developers, dealers, agents, manufacturers, distributors, medical representatives, clinicians, pharmaceutical analysts & consultants, product specialists, key decision makers, pharmacy practitioners, trade visitors & academia.

The students of Dubai Pharmacy College ensured that the tradition of their institution at the annual DUPHAT 2017 remained intact by securing the first position in the 'Best Quality Pharmacy Student Poster' Award.

In recognition of their tremendous work, they won a prize as 'Student Innovative Award' along with 'Best Pharmacy Student Oral Presentation' Award. They also won two prizes in Best Quality Pharmacy Student Poster' Award.



DUPHAT POSTER PRESENTATIONS			
#	Title	Student Names	Supervisor(S)
1.	Drug-Gene interactions and its consequences on Pharmacotherapy – A Pharmacoeconomic study in UAE patients	Farah Jabbar Ali Al - Laibi Nada Hany Helmy Sayed Rand Haider Abdulrahman AL- Zahawi Naira Hany Helmy Sayed	Prof. Saeed Ahmed Khan Prof. Mirza Baig
2.	Metformin In Cancer Prevention – A Systematic Review And Meta-Analysis.	Asmae Abdelwahd Khadija Aziz Omeer Ebrahim Ruqaiya Salim Chaabane Saleh	Dr. Juliana Roos Ms. Eiman Shamseldin,
3.	Empirical Antibiotic Therapy In Critically III Patients – A Prospective Study On The Selection Criteria For Antimicrobial Therapy In Critically III Patients In Rashid Hospital 2016.	Charifeh Faisal Hasan Tasneem Zohair Bayassi Zeina Mounther Al Chikhoni Mona Bahaa Eldin Abdelkerim Ibrahim	Dr. Juliana Roos Ms. Eiman Shamseldin,
4.	Health Literacy In Arabic Language Among The General Population Of The UAE	Joude Ammar Noralla Layla Ahmed Salih Al- Jasim Nada Amjad Nabih Elsherief Abouelezz Sonia Nassif Nassif	Dr. Juliana Roos Ms. Eiman Shamseldin, Ms. Sara Salwan
5.	Identification Of Prescribing Errors By Pharmacy, Medical, And Dentistry Students In UAE	Dania Bachar Kanani Nour Khaled Al Mahmoud Al Hajji Soaad M.Zaki Aljajah	Mrs. Doaa Kamal
6.	Self Medication With Antibiotics In In UAE Population	Naira Hany Helmy Sayed Rajia Fahim Ahmed Zayed Soha Tarek Salah El-Desouky	Mrs. Doaa Kamal
7.	Phytochemical Study And In Vivo Burn Healing Activity Of Tribulus Arabicus Grown In UAE.	Ansam Ahmad Orabi Aya Omar Kabah Hajer Abdullatif Waez Racha Youssef	Prof. Naglaa Gamil Dr. Rawoof Khan
8.	Phytochemical Study And Antimicrobial Activity Of Enteromorpha Spp.	Alia Abass Talea Al Joudi Dana Khalid Ibrahim Samara Sabekah S A Al Hendi Zahia Riad Al Najie	Dr. Ghazala Khan Prof. Naglaa Gamil
9.	Phytochemical Study And Anticoagulant Activity Of Salsola Spp.	Eisha Abdelbasset Moursi Ali Eman Fawzi Mohamed Elhadi Hafsa Samy Ibrahim Ahmed Shefaa Yousef Maraka	Prof. Naglaa Gamil Dr. Rawoof Khan
10.	Antitumor Activity Of Flax Seed & Sesameseed Lignan Extract Against In Vivo Breast Cancer In Rat.	Heba Hasan Jafar Al Shardob Jomana Taha Farhan Muna Salem Mohsen Al Hasil	Dr. Rawoof Khan Prof. Naglaa Gamil
11.	Formulation And In Vivo Evaluation Of Antiemetic Orodispersible Tablets Using Chitosan-Superdisintegrants Mixtures.	Bushra Khaled Al Houria Niloufar Farid Ahmad Poor Nour Mohamad Jamal Abourden	Prof. Bazigha K. Abdul Rasool Dr. Rawoof Khan

	DUDUAT DOSTE	R PRESENTATIONS	
#	Title	Student Names	Supervisor(S)
12.	Evaluation Of Celecoxib In Situ Oral Gelling System For The Treatment Of Rheumatoid Arthritis.	Kamar Mhd Ghazi Abou Al Khair Lana Ameer Ahmad Shanti Sara Tayseer Alloh Alaa Mahmoud Sulieman	Prof. Bazigha K. Abdul Rasool Dr. Rawoof Khan
13.	Permeation Studies Of Diphenhydramine/ Indomethacin From Different Emulgel For Nasal Delivery In Allergic Rhinitis.	Dima Mousa Ghanam Hajer Abduljalil Anis Rufaida Mahmoud Mohamed Abdelhamid Hamid	Prof. Heyam Saad
14.	A Comparison Of Patients' And Pharmacists' Satisfaction With Pharmacists' Role As Health Care Provider In Community Pharmacy Settings In Both Kuwait.	Fatemah A KH A R A Ali	Prof. Heyam Saad
15.	An Attempt To Correct The Negative Influence Of Social Media On Public Medical And Pharmaceutical Knowledge By Enhancing The Role Of Pharmacists' Pharmaceutical Applications.	Heba Suheel Al Asawdeh Weaam Abdulkarim Al Ali Yusra Ahmad Al Rifaie	Mrs. Rana Sammour Mrs. Al Zahraa
16.	Safety, Efficacy and Effectiveness of smart technologies and automation in Pharmacy workflow – A qualitative study of hospitals in UAE	Fatima Zehra Shah Hajara Sharafudeen Sabura Sameen Sarmina Begam	Prof. Mirza Baig
17.	Evaluation of Community Pharmacists' counselling practices towards some medicines	Maram A.M. Srour Nawal Samer Al Boushi Adi Wafa' Adeeb Turki Al Qaisi	Dr. Amina Mahdy







DUPHAT 2017

The Best Quality Pharmacy Student Poster Award

(First Position)

Title: PHYTOCHEMICAL STUDY AND ANTICOAGULANT ACTIVITY OF SALSOLA SPP.

Students: Eisha Abdelbasset Moursi Ali, Eman Fawzi Mohamed Elhadi, Hafsa Samy, Ibrahim Ahmed, Shefaa

Yousef Maraka (Batch 22)

Supervisors: Prof. Naglaa Gamil & Dr. Rawoof Khan

(Fourth Position)

Title: PHYTOCHEMICAL STUDY AND ANTIMICROBIAL ACTIVITY OF ENTEROMORPHA SPP.

Students: Alia Abass Talea Al Joudi, Dana Khalid Ibrahim Samara, Sabekah S A Al Hendi, Zahia Riad Al Najie

(Batch 22)

Supervisors: Dr. Ghazala Khan & Prof. Naglaa Gamil

(Eighth Position)

Title: PHYTOCHEMICAL STUDY AND IN VIVO BURN HEALING ACTIVITY OF TRIBULUS ARABICUS GROWN IN UAE.

Students: Ansam Ahmad Orabi, Aya Omar Kabah, Hajer Abdullatif Waez, Racha Youssef (*Batch* 22)

Supervisors: Prof. Naglaa Gamil & Dr. Rawoof Khan

The Best Pharmacy Student Oral Presentation Award

(Sixth Position)

Title: DRUG-GENE INTERACTIONS AND ITS CONSEQUENCES ON PHARMACOTHERAPY – A PHARMACOECONOMIC STUDY IN UAE PATIENTS

Students: Farah Jabbar Ali Al – Laibi, Nada Hany Helmy Sayed, Naira Hany Helmy Sayed, Rand Haider

Abdulrahman AL-Zahawi (Batch 22)

Supervisors: Prof. Saeed Ahmed Khan & Prof. Mirza Baig

The Best Pharmacy Student Innovative Poster Award

(Sixth Position)

Title: EMPIRICAL ANTIBIOTIC THERAPY IN CRITICALLY ILL PATIENTS – A PROSPECTIVE STUDY ON THE SELECTION CRITERIA FOR ANTIMICROBIAL THERAPY IN CRITICALLY ILL PATIENTS IN RASHID HOSPITAL 2016.

Students: Charifeh Faisal Hasan, Tasneem Zohair Bayassi, Zeina Mounther Al Chikhoni, Mona Bahaa Eldin Abdelkerim Ibrahim (*Batch* 22)

Supervisors: Dr. Juliana Roos, Ms. Eiman Shamseldin

DUPHAT 2017











The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

Visit to Social Care Center for Children





"Rational use of dietary supplements in self-medication and role of the pharmacist"

Al Baraha Hospital under the patronage of Ministry of Health & Prevention, UAE and in collaboration with New Country Healthcare LLC held

The 2nd Pharmacy Practice Update Symposium, Dubai UAE 21st April, 2017



Prof Bazigha K Abdul Rasool

Department of Pharmaceutics, Dubai Pharmacy College, UAE.

Abstract

A dietary supplement is defined as a product that contains a dietary ingredient intended to add further nutritional value to the diet. A dietary ingredient may be one, or any combination of a vitamin, mineral, herb or other botanical, amino acid, concentrate, metabolite, or extract. Dietary supplements are available in various pharmaceutical dosage forms such as tablets, capsules, softgels, gelcaps, liquids, or powders. They are used to prevent and treat acute and chronic deficiency cases as well to compensate for an unhealthy life style or in an attempt to maximize health or performance. However, excessive taking of certain vitamins and other nutrients can be unsafe under certain circumstances. Many surveys demonstrated the risks of misuse of dietary supplements by taking more than their recommended dosage, and the possibility of potential interactions with other concomitant prescribed medications. Nowadays, there is a dramatic increase in the variety and utilization of these products in many countries. Consequently the pharmacist's role in counseling the consumer about the appropriate product selection and safe use and storage is therefore considered extremely important to ensure the rational consumption of the dietary supplements in self-medication.

No more dialysis, Scientists Have Developed A Bionic Kidney!

-Dr. Amina Mahdy

Natural remedies are indeed very powerful, but there are times when we have to turn to modern technology. Dialysis patients can't live without the treatment, but their suffering is enormous.

Many of them must wait for years to get a kidney transplant and live normally, with seemingly no other solution on the horizon. However, there's finally a light in the dark tunnel – scientists from the University of California at San Francisco, USA, have developed the world's first bionic kidney which can replace damaged kidneys easily and effectively. The bionic kidney is a perfect replica of our kidneys. It consists of numerous microchips and is moved by the heart. Like the normal kidneys, it is able to filter waste and toxins from the bloodstream.

The project was unveiled by Willian Vanderbilt Fissels and Shuvo Roy from the University of California, offering renewed hope for millions of kidney dialysis patients. Now, some of you may be wondering "But, what if the body rejects it?", but, the scientists assure us that the chances of rejection are zero! Incredible, right?

This is because the bionic kidney is made from renal cells. The first prototype is the size of a



coffee cup and can balance the levels of sodium and potassium in the body while regulating blood pressure.

The project is wonderful news for any dialysis patient. In the beginning (November 2015), the scientists received \$6 million from the Institute of Biomedical Imaging and Bioengineering, and it's safe to say that the money were well spent.



The scientists have high hopes for the bionic kidney, and the lead researcher, Dr. Victor Gura, says that the device will be available for sale in only 2 years.

Watch the video at:

http://www.medicalonline1.com/2017/04/03/no-more-dialysis-scientists-have-developed-a-bionic-kidney/

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DPC BPharm program equivalency in the US

I was trying to get my Pharmacy board in the USA, but one of the main requirements to get accepted and to take the exam is to be graduated from a five year program in pharmacy. However, Dubai Pharmacy College offers a four year bachelor's program. In the process of equating my degree in the USA, it got rejected.

I didn't give up hope and contacted the agency trying to convince them to change their stand. Even though our BPharm program is four years, it is equivalent to a five year program, as we study 10 months a year and have enough credit hours to be equivalent to a five year program. They were cooperative and asked for a sealed letter from the college to confirm my claim. I contacted **Mona Al Moussli**, my close friend who contacted the college.

The college issued a sealed letter explaining in detail the credit hours, the length of the lectures hours, and the short holidays we had. The agency then consulted with the senior partner and thereafter approved my request. They informed me that previously 10 to 15 requests from Dubai Pharmacy College had been rejected due to the same issue.

Since my request has been accepted, Dubai Pharmacy College BPharm program is now recognized to be equalent to a five year program. Therefore, any another request from a graduate from Dubai Pharmacy College with be recognized.

Special thanks to **Prof. Saeed Ahmad Khan Founding member and Dean, Dubai Pharmacy College**





Rasha Aimash BPharm graduate, Class of 2005







Every child is an artist, the problem is staying an artist when you grow up. Pablo Picasso

Marium Ahmed Ansari (Batch 25)

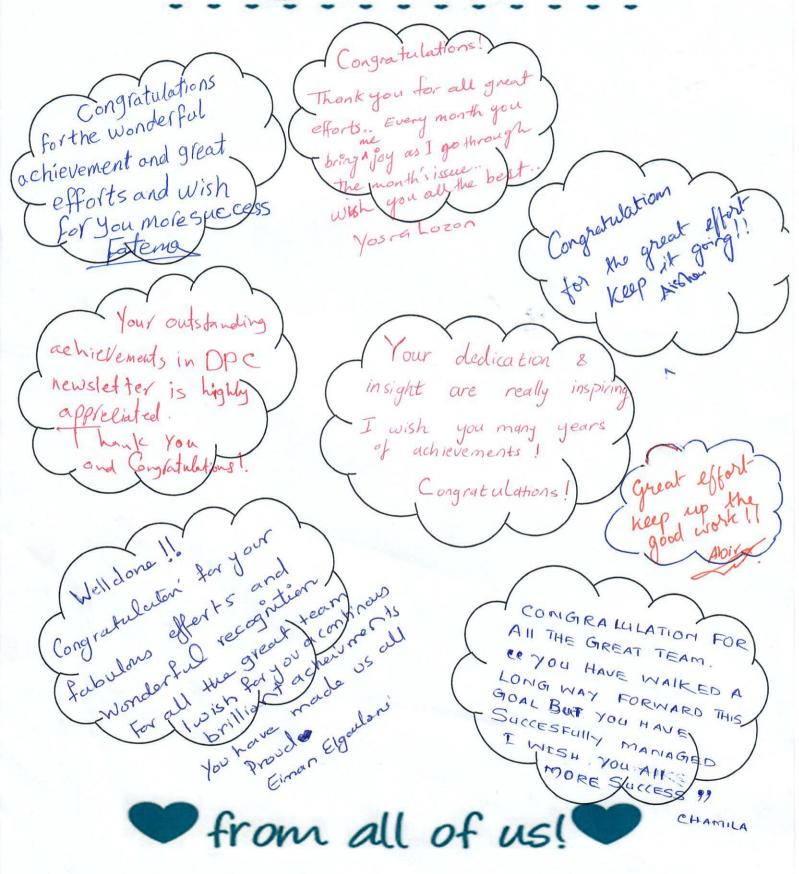


Amal Ahmed (Batch 24)



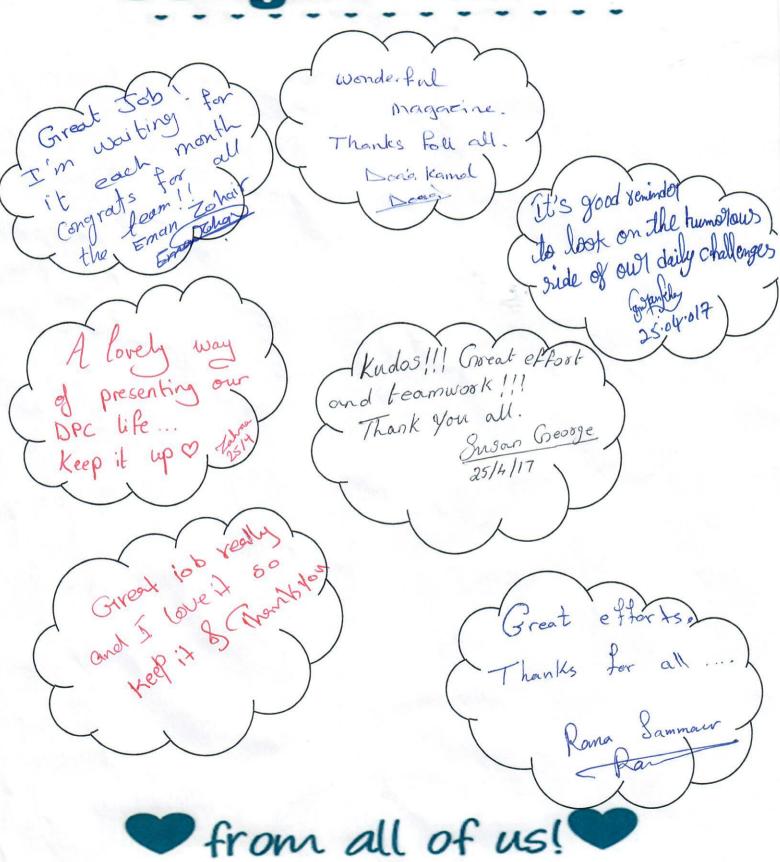
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Congratulations



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