



Editorial

Editor-in-chief

Professor. Saeed Ahmed Khan

Dean, DPC

Editors (Faculty)

Dr. Aliasgar Shahiwala

Associate Professor

Mrs. Sabeena Salam

Head, Publications

Dr. Sahar Hussain

Alumni

Student Representatives

Arwa Nousheen

Afnan Mahmood

Sidra Parveen

AroojQaiser

Editorial Assistance

Amina Muhammad Zarar

Nabeerah Shaheer

DPC Newsletter

Contents

News & Events

- * Global Day – A report
- * Pharmataalk - Steps to regulate medicine- Dr. Ola
- * 1st Step towards Employment: Workshop
- * DEWA Participation Award

Faculty Research

- * Therapeutic potential of hydroxychloroquine on serum B-cell activating factor belonging to the tumor necrosis factor family (BAFF) in rheumatoid arthritis patients
– Dr. Amina Mahdy

Alumni Contribution

- * Panel Discussion on Career Opportunities
- DPC Alumni

Artistic Expressions

- * Fantasia painting
-Fatima Zehira Shah

2nd Annual Global Day

Tuesday, 20/5/2014: The dashing event at Global Day showcases the different cultures represented among the DPC student body.

The main attractions included stalls representing each country followed by cultural performances. The Dean inaugurated the event. It was a fun filled day with performances which included traditional dances by all participating countries and the students did a wonderful work.



Prof. Saeed Ahmed Khan inaugurating the event.



Unity in Diversity



DPC family in traditional costumes





The traditional Emirati 'Yeola' dance



Traditional Emirati costume



Iraq



Palestine



Syria





Yemen



Pakistan



Sudan



Morocco/Algeria/Tunisia



Egypt



India

*Global Day is organized by the Office of Student Affairs'.
Special thanks to Ms. Eman Zohair, the chief organizer.
Thanks to all the students, faculty and staff for all their efforts....!!!*



Pharmatalk 2014

'Success and the path to success is wrought with tremendous doubt, fear, uncertainty, loneliness and struggle. Therefore successful people struggle with the same challenges as those who have not yet achieved success. The difference...is there response to those struggles.

So, today we get to learn from their mistakes, we get to look at life through their eyes. We get to fight the struggles they fought already'

Pharmatalk 2014 held on Tuesday, 13th May, 2014 at the College Round Hall, started with these very inspiring words. Pharmatalk which was initiated to help the students prepare them for life after the college and to make them aware about the latest news of the Pharmacy world has proved exceptionally beneficial for students and parents alike. Pharmatalk provides a platform of hope and understanding to the students.

The Dean inaugurated the session and invited our first guest for the event, Dr. Ola Ghaleb Al Ahdab, Pharmaceutical Advisor, Registration and Drug Control Dept. Ministry of Health, UAE to share her experiences with the faculty and students of DPC. She spoke about the procedures of drug control before going for registration. The talk proved to be very informative. It was a brain storming session where faculty and students put forward their queries to Dr. Ola. She further stressed the need for a pharmacy association in the UAE which would address the challenges faced by the pharmacy community.

We are really grateful to her for taking out time from her busy schedule.



Reported by:
Sidra Parveen



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

Workshop on 1st step towards employment

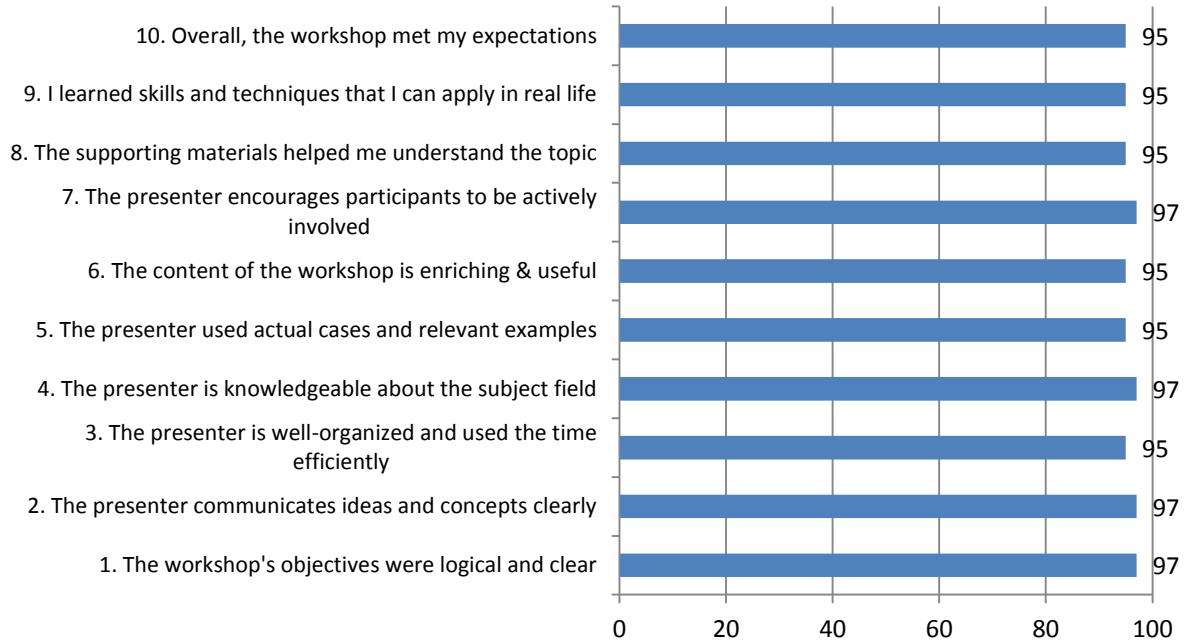
Workshop:	CV Writing and Interview Skills	Participants:	Students and Graduates
Date:	10 th May 2014	Time:	10:00 a.m. – 1:00 p.m.
Organized by:	Mrs. Amina Zarar	Venue:	Round Hall



Workshop conducted by Thoughts Training



Students Satisfaction of the Workshop



Number of Students/ Graduates Attended: 70 participants

N = 37

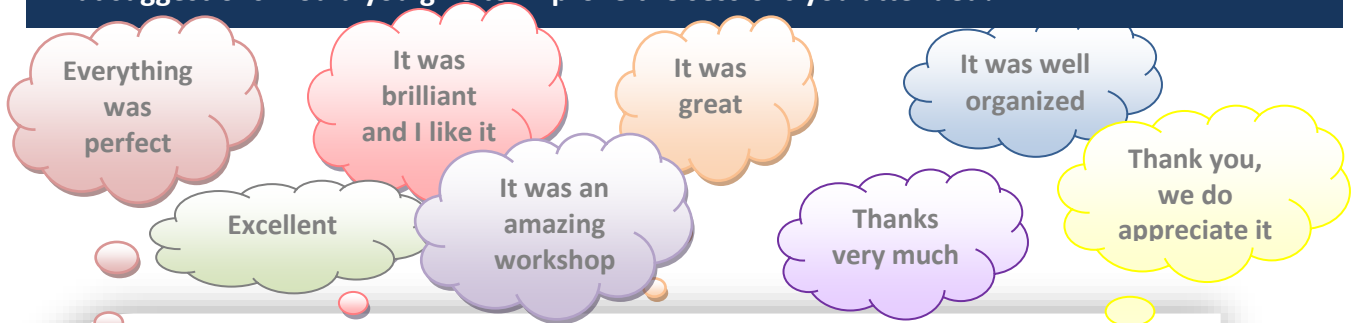
Response Rate: 53%

If there is Career Fair will you like to attend it

Yes: 100%

No: 0%

What suggestions would you give to improve the sessions you attended?



Have a **suggestion** or **comment**? Post it to DPCnewsletter@dpc.edu.

Health Awareness : Poster Competition

With an aim to inculcate health awareness among students, a poster competition was held on 13th May, 2014 among the first year students. The students showcased a lot of enthusiasm as it was a firsthand experience for them. The theme for the poster was Pharmacognosy, supervised by Dr. Naglaa Gamil. Participation certificates were given to all the students and merit certificates were given to the winners. The topics varied from Hypertensive, Hypertension, Obesity and Diabetes.

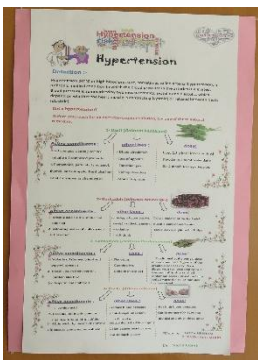
Congratulations!



Topic: Hypertensive
1st prize: Mona Bahaa Eldin



Topic: Diabetes
2nd prize: Alaa Al Suleiman



Topic: Hypertension
3rd prize: Nora Hesham and Sara Mahmoud

"You are the most important ingredient to your success".

- Scottie Somers



ORIGINAL ARTICLE

Therapeutic potential of hydroxychloroquine on serum B-cell activating factor belonging to the tumor necrosis factor family (BAFF) in rheumatoid arthritis patients

Bulletin of Faculty of Pharmacy, Cairo University

www.elsevier.com/locate/bfopcu

www.sciencedirect.com



Amina Mahdy, Ph.D

Associate Professor
Pharmacology & Toxicology

Abstract

Objective: To assess the serum B-cell activating factor belonging to the tumor necrosis factor family (BAFF) level in rheumatoid arthritis (RA) patients in view of different treatment regimens received and evaluate its relation with disease activity.

Patients and methods: Ninety female RA patients were included. Sixty were on disease modifying anti-rheumatic drugs (DMARDs); 34 on hydroxychloroquine (HCQ) plus methotrexate (MTX), 26 on leflunomide (LFN) plus MTX and 30 newly diagnosed cases not yet on any treatment. Thirty age and gender matched healthy subjects served as controls. Full history taking, clinical examination and relevant laboratory investigations were performed. Disease activity score, in 28 joints (DAS-28), was calculated.

Results: Serum BAFF level was significantly higher in patients (1.82 ± 0.91 ng/ml) compared to control (0.71 ± 0.33 ng/ml; $p < 0.001$). There was a significantly lower BAFF and disease activity in patients receiving DMARDs (1.55 ± 0.73 ng/ml and 3.08 ± 0.73) compared to new cases (2.36 ± 1.02 ng/ml and 3.46 ± 0.82) ($p < 0.001$ and $p = 0.036$, respectively). Those receiving HCQ + MTX had a lower BAFF level (1.29 ± 0.51 ng/ml) compared to those receiving LFN+ MTX (1.94 ± 0.85 ng/ml; $p = 0.002$). The BAFF level significantly correlated with the presence of anti-CCP antibodies, DAS28 and MTX dose in all RA patients ($r = 0.24$, $p = 0.02$;

KEYWORDS: Serum BAFF; RA; DAS28; Hydroxychloroquine; Methotrexate; Leflunomide



Have a **suggestion** or **comment**? Post it to DPCnewsletter@dpc.edu.

Alumni Participation

In today's world opportunities are many but choosing the right one is the most difficult and as a student approaches the final year the worry about choosing the right direction towards a successful career. To create awareness among the students about various job challenges/opportunities, DPC Alumni working in different pharmaceutical sectors joined together on the 13th of May, 2014 to share their experiences with all. The students were very excited to see ex-students return to the college as successful and established professionals.

We had alumni from various fields like insurance, academia, marketing and pursuing masters. The students put forward their queries regarding career prospects and how to choose the right one and so on. Questions ranged from 'What to do after bachelors?' to 'Which field is best for whom?'

At the end of the event it proved to be very fruitful as the students got an insight into how to tackle the challenges that await them. All in all, students left that day with much more information and knowledge they came in with.



"Your talent determines what you can do. Your motivation determines how much you are willing to do. Your attitude determines how well you do it."

- Lou Holtz

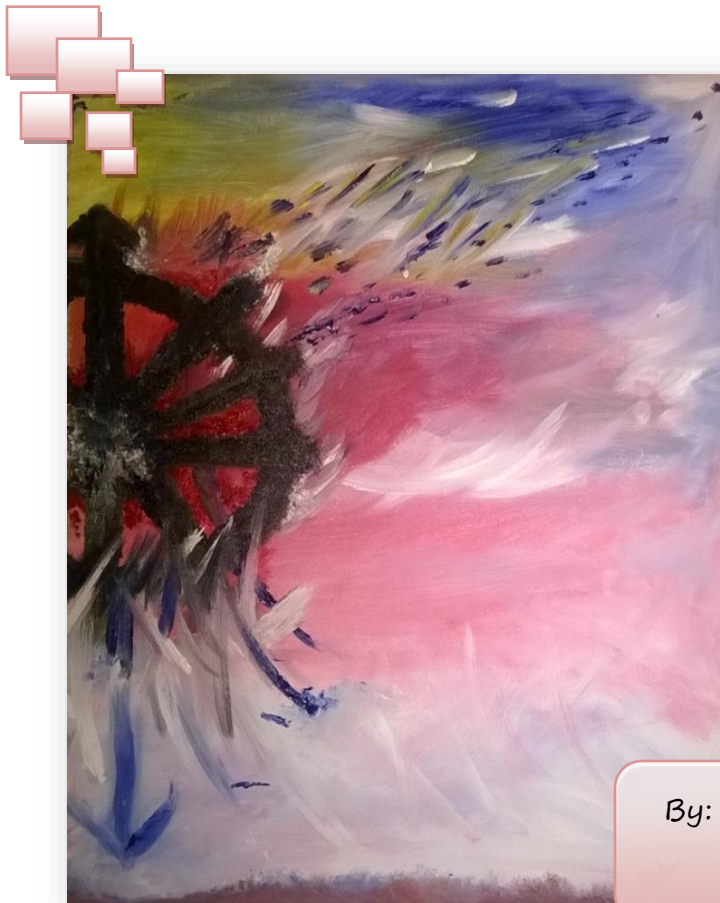


Congratulations to the DPC team for participating in the DEWA Consumer Award 2014

The award is considered part of DEWA's Customer Relations Department activities programs, targeted towards raising Dubai's community awareness of the need to conserve electricity and water consumption.



Artistic Expressions



By: *Fathima Zehira Shah*
(Batch 22)

