



Editorial

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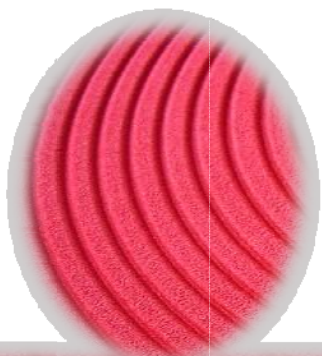
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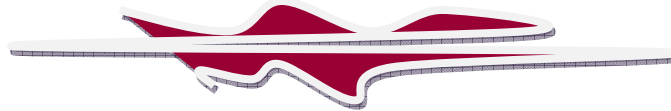
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From the Dean's desk...



Summer has arrived and as the end of the semester draws closer, there's one

thing that makes life stressful. That's final exams. Final exams are the most stressful time of the semester for college students. Cramming for final exams, many students stay up for long hours of the night. Some even stay up all night depending on the exam. Research shows that some students have even looked to taking prescription drugs to help them stay up for long periods of time and cope with the stress of exams. But this can be very dangerous. Lack of sleep is another cause for poor performance on exams. Many students also become sick around final exams. Some of the reasons that cause this is being constantly worried if going to pass or not. I've seen many students skip eating around finals. Being focused and taking right steps can help a great deal.

This issue offers a variety of topics that traverse our connective educational landscape.

Professor.Saeed Ahmed Khan
Dean, Dubai Pharmacy College



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

3rd Continuing Medical Education Event

The Continuous Medical Education (CME) event, **6 CME Credit Hours**, accredited by the UAE Ministry of Health, was hosted by Dubai Pharmacy College on **Friday, 4th May 2012**. The 3rd time event was in collaboration with Indian professional pharmacy council, Sharjah. There were over 300 participants from working and student pharmacists. The program included several lecture and interactive sessions. Prof. Saeed Ahmed Khan, Dean, DPC was the chief guest for the event. Mr. Muhammad Zile Ilahi coordinated the conference. Anchoring was done by Quratulain Salim (Batch 18) of DPC.

Program details:

Topic: ADVANCE IN THE MANAGEMENT OF THE ULCERATIVE COLITIS.

Speaker: Dr. Eman Abu Gharbeih, Associate Professor of Pharmacology & Toxicology at Dubai Pharmacy College.

Chairperson: Dr. Aliasgar Shahiwala, Associate Professor of Pharmaceutics & Pharmacy Practice Department at Dubai Pharmacy College.

Topic: COMPETING VALUES IN HEALTHCARE DELIVERY: TO OPTIMIZE AN APPROACH FOR THE BEST POSSIBLE OUTCOME

Speaker: Dr. Rulla H. Khalil, General Practitioner at Dubai Specialized Medical Centre & Research Lab.

Chairperson: Dr. Mehrab Dashtdar, General Practitioner & Acupuncture at Dubai Specialized Medical Centre & Research Lab.

Topic: NATURAL APHRODISIACS: A SCIENTIFIC ASSESSMENT OF SEXUAL STIMULANT POTENTIAL IN ALTERNATIVE MEDICINE.

Speaker: Dr. Waseem, Director Central Labs-SS Lootah Group

Chairperson: Dr. Naglaa, Associate Professor of Pharmacognosy & Phytochemistry Department at Dubai Pharmacy College.

Topic: OVERVIEW OF DIABETES & DRUG THERAPY

Speaker: Dr. Nandkishor, Specialist Physician, NMC SPECIALITY HOSPITAL

Chairperson: Dr. Rulla H. Khalil, General Practitioner at Dubai Specialized Medical Centre & Research Lab.

Topic: PROS & CONS OF SKIN CARE PRODUCTS

Speaker: Dr. Heyam Saad Ali, Professor, Pharmaceutics & Pharmacy Practice Department at Dubai Pharmacy College

Chairperson: Dr. Aliasgar Shahiwala, Associate Professor Pharmaceutics & Pharmacy Practice Department at Dubai Pharmacy College.

Topic: PHARMACOGENOMICS: THE PROMISE OF PERSONALIZED MEDICINE

Speaker: Dr. Ghazala, Assistant Professor Molecular Biology & Biotechnology Department at Dubai Pharmacy College.

Chairperson: Prof. Heyam Saad Ali, Professor, Pharmaceutics & Pharmacy Practice Department at Dubai Pharmacy College.



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Visit of higher leaders from *Guangxi Food & Drug Administration (GXFDA*)* strengthen research initiatives



On May 24, 2012 high officials from the office for Guangxi Commission of Food Safety & Drug Administration visited Dubai Pharmacy College.

Delegates	Department	Position
Zeng Liwei	Guangxi Drug Adverse Reaction Monitoring Center	Director
Liu Huagang	Guangxi Food and Drug Administration Bureau	Vice director
Li Yongqiang	Guangxi Food Safety Committee Office	Office Chief
Zhang Jianliang	Medical Equipment Supervision Department of Guangxi Food and Drug Administration Bureau	Section Chief
Zeng Xianglin	Guangxi Food and Drug Inspection Institution	Office Chief



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The office of Food and Drug Administration of Gaungxi Zhuang, in charge of safety supervision over food and drug, purpose of visit to Dubai Pharmacy College was to increase research visibility in the region. Main responsibilities of the department are: safety supervision and administration on food and beverage service. Safety supervision /administration and license on health food and cosmetics; administrative and technical supervision on drug and medical apparatus and instruments; organizing and promoting surveillance on diverse drug reaction and adverse event of medical apparatus and instrument; organizing and carrying out supervision and management norms for traditional Chinese medicine and ethnic drug and protection system against variety of Traditional Chinese Medicine, and organizing and working out Quality standards for ethnic drug (Zhuang drug and Yao drug); organizing and investigating/ prosecuting food safety in the industry of catering & beverage service and unlawful acts on R&D, production, circulation and use of drug, medical apparatus/instrument, health food and cosmetics etc; directing supervision/management, emergency handling, inspection and information construction etc of municipal and prefectural authorities concerning food and drug.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



Dr. Amina Mahdy Sallam.
Associate Professor, Pharmacology &
Therapeutics Department.

Camel's milk alleviates alcohol-induced liver injury in rats

Alcoholic liver disease represents a spectrum of clinical illness and hepatic morphological changes. Lactoferrin, the iron-binding glycoprotein found in camel's milk, has been proposed to be involved in nephroprotection, for improvement of glycemic control in diabetes and in chronic hepatitis. The aim of the study was to investigate the possible protective effects of CM in alcohol-induced hepatotoxicity as a model of clinical liver illness. Results showed a protective effect of CM on liver enzymes, oxidative stress, histopathology as well as the inflammatory cytokines generated in ethanol-induced liver toxicity in rats.

The research work was in collaboration with Dubai Medical College for Girls and College of Pharmacy, Cairo University. The article has been published in Food and Chemical Toxicology Journal, 50 (2012) 1377-1383.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

It's you...who taught Me



I'm falling in your trap....
It's happening within a snap...
All I'm doing is letting you know...
Your magic has done wonders in a flow...
My view of life has started changing...
It's got all the aspects ranging...
Your unique personality is what I see...
Your kind heart is what touches me....
How you manage it beautifully one wonders...
One among those to see your abilities...
That's the special one I want to be...

By Asma Mohammed

Abdul Ansar



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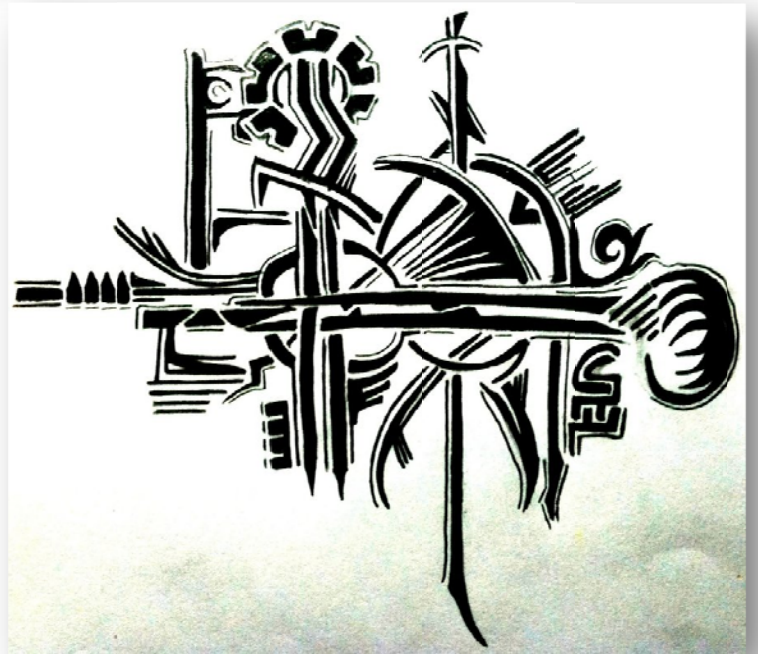


Lubna Daud

Batch 17

Arwa Nousheen

Batch 19



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