



Volume 1, Issue 10



DPC Newsletter

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Student Creative
Artistic Expression



Two decade ago, ours was a tiny organization. A living institution makes an impact on everything it touches on the minds and dreams of students. Today, our students cover the globe and their contributions make a difference. As alumni who truly love and faithfully support this institution, share my pride in what we are doing and where we plan to go.

Many of the alma mater holds key positions. I would appreciate to see them act as an inspiration to the upcoming pharmacists. I want to thank all for the amazing support extended in forming the Alumni Association.

Prof. Saeed Ahmed Khan
Dean, Dubai Pharmacy College



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

DPC 1st Alumni Meet – 6th April 2012



All Alumni Attendees got a memento titled- Gems of DPC

Two decades of our alma mater, it was the perfect time to kick-off a tradition. **DPC 1st Alumni Meet** was held on the 6th of April, 2012 where graduates from the past 16 batches with Year of Graduation ranging from 1992 to 2011 attended. Over 50 enthusiastic alums gathered in the college to share their stories and experiences. The evening began with registrations and an informal introduction by alumni. A number of folks were meeting one another after many years; for some, it was over 20 years. Predictably, pleasant surprise and nostalgic memories surrounded them. Thereafter **Al Zahra**, master of ceremony and in-charge of alumni affairs welcomed the guests.

Prof. Dr. Saeed Ahmed Khan, the Dean, who was the Chief Academic Officer from 1992 to 2007 addressed the gathering and regaled his student audience with his two decades of reflections. He expressed his happiness to see them again. He exhorted the alumni to reach out and achieve their dreams. It was indeed an inspiring moment for a number of alumni who brought their children to the event to have them hear their Dean's address. He asked them to activate the Alumni Association.

Following the address, the president of the alumni association; **Sabaa Mohsen Al Jasmi**, graduate of batch 7, currently employed as *clinical pharmacist & head of pharmacy department in Zayed military hospital* spoke about the vision of the association and some plans to be initiated. Mr. Mohamed Zile briefed about the ongoing **CME workshops and seminars** held in the college and looks forward to their participation in the forthcoming CME conferences.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

Doaa Kamal (batch 7) delivered the vote of thanks. The general consensus was that we should have one such event every year. To have a bigger and better event next time, we need to keep expanding our database to include all alumni members. The alumni really enjoyed that unforgettable event & promised not to miss 2nd alumni reunion, last Saturday, April 2013.

After the tour in the pharmacy college **most were astonished by the changes that has occurred in the lecture halls and the labs.** The evening was an exotic spread of cuisine by the chefs at **Al Jawhara group of Hotels** and Apartments –very delectable! - which signified the getting together/networking aspect of the meet .

Office Bearers of DPC Alumni Association:

President: Saba Mohsen

Vice President: Doaa Kamal

Secretary: Al zahraa Mahmoud

Batch 1- Sara Essam

Batch 2- Malath Jamoos

Batch 4- Daliya Murad

Batch 5- Rawa Abedin

Batch 6- Ban Mualla

Batch 7- Muna Al Musli

Batch 8- Rana Sammour

Batch 10- Eman Shamsuddin

Batch 11- Hanan Abdel Kader

Batch 12- Abeer Abdulla

Batch 13- Futoun Kanjo

Batch 14- Rahaf Saad

Batch 15- Raghda Al Khan

Batch 16- Dalia Gamal

Photos credits: Aisha Muhammad Zarar

Many thanks to the *Institutional Effectiveness, Graduate Affairs Units* and *Mrs. Suad (Dean's Office)* for organizing this inaugural event.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

Saba Mohsen Mohamed

Batch 7



Dear **Dubai Pharmacy College** Alumni,

I am honored and privileged to serve as your **Dubai Pharmacy College** Alumni Association President for the year 2011-2012. I look forward to working with the board to help our great college to become even greater. As President, I am committed to maintaining the established partnership with the college and developing new and innovative services that meet the needs of our global alumni base.

Our vision is clear.... we volunteer to further **Dubai Pharmacy College's** mission of providing outstanding educational opportunities to working pharmacists around the world! Interested in getting involved? There will be Alumni local Committee where you can express your ideas and develop your leadership. The coming year promises to be an exciting time, with many outstanding activities and events.

The association embraces your continued support...your selfless commitment to volunteerism, your willingness to not stand on the sideline, and your generous financial commitment to make a difference. I encourage each of you to stay connected and give back to the institution that has provided us with so many life and career options, and we can give chance for current students to benefit from the alumni experience.

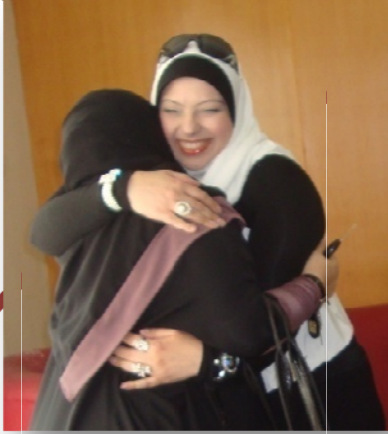
Do you need credit CMEs? We can give chance for the alumni to attend CME programs, workshops and conferences arranged by the college and others.

In closing, it is indeed my pleasure to serve as your president and I hope you will join me in giving back to your alma mater by volunteering or participating in one of the many events offered throughout the year.

I will see you around campus and in the community at large.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



Joyous moments



An occasion to be remembered



Sharing success stories



Have a **suggestion** or **comment**? Post it to [<DPCnewsletter@dpc.edu>](mailto:DPCnewsletter@dpc.edu).

Alma Mater: have their say!

I am proud to be a graduate from Dubai Pharmacy College. I remember those who taught me with love & respect.

Nada Abdeen

My dear college,

It's really a very nice day. Days spent here is unforgettable. I'm so thankful to all for this Alumni gathering. I hope we will meet more in the coming days.

Douaa Hussein

We live under the shade of Dubai Pharmacy College. Those days were beautiful - the most beautiful is this day.

Aneesa Mohd Ghassan

My college life is one of the most memorable moments in my life. I can never forget this important journey.

Rasha Mustafa .M

Dear Dr. Khan & Teachers,
Thank you so much for this event & opportunity to meet old friends. Hope the future meets turn out to be a success.

Saba Islam

All my love & appreciation for those who taught me. Thanks for this get together. DPC is the most beautiful & memorable in my whole life.

Banan Arfan Abdeen

A great moment, a happy evening...to gather with best friends, faculty & the people who leave a remarkable stamp in our lives. Remember us...your daughters!

Raghda Khani



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

Dearest DPC,

I would like to express my gratitude to each one individually who made this gathering possible, I love you all.

Thank you for everything

Aqsa

Dear Dean & all colleagues

This is amazing opportunity to meet all of you again, miss those days & will always have DPC in heart.

Mona Almousli

Today is one of the best days in my life.

Randa Khalid Samar

Dear colleagues & all people working in this amazing college.

I'm very happy today to see all especially my friends and all the best for the graduating students .

Dr. Hiba

Dear Dean & all colleagues

This is amazing opportunity to meet all of you again, miss those days . Will always have DPC in heart.

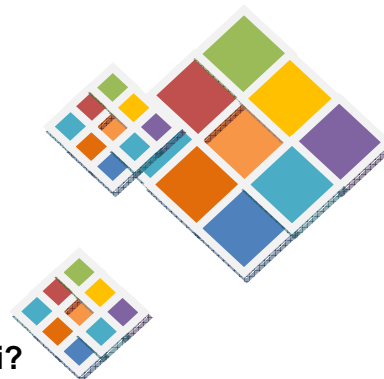
Mona Almousli

We spent great & useful time in DPC. I appreciate and respect all my teachers. Thanks for organizing this meet.

Rawa Hasan Abdeen



Name: **Zakieh Mouziri**
Program of study: **MSc of Pharmacology and Toxicology**
University: **University of Toronto**
Place: **Toronto, Canada**



How is Toronto for someone who just moved from Dubai?

In the first look it is green, it is calm, it has beautiful architecture, and it has friendly people. But after a while of staying, the green turns yellow, calm turns to dead silence, beautiful architecture turns to small similar buildings, and friendly people turn to strangers. But isn't that the same for all the cities when you are missing your home town? Don't all the other cities look strange and weird when you are away from where you want to be?

I felt low, I felt depressed. I complained about each and everything around me. Was the city in fact so ugly or was it me who saw it that way? But still the hope of going to university and getting busy, forced me to survive, and eventually hope died. Going to university just made me feel more and more lonely every day. Have you ever felt like you don't fit in a place? But still forced to go to that strange place with fake smile on your face? I stand in the middle of the city and scream, scream my lungs out but a silent scream, a scream from deep inside. No one seems to react, no one seems to notice. I started wondering if any one even cares. I kept my feeling aside and promised myself to be strong.

I went to university to face my new world. It seemed like no one is going to tell what to do and what to study. **I tried to recall if this has ever happened during my undergrad in Dubai, no, it didn't.** Time passed in confusion, in wasting time, until I got a call, a wakeup call, asking me to submit what I have done until now. Having nothing in hand and having no idea what I was supposed to do, I asked for a week. How could they ask me to do everything on my own? Was I supposed to know what to read? Did they really expect me to know the university's system? Shouldn't they have considered that I'm new and explain me few things? They would never do this to me in Dubai. Tears started running down my cheeks, then I remembered the promise I made to myself. I wiped the tears and started working. Saying "I can do this" repeatedly in my head, a week passed. I did actually do it, I did submit it after a week. Now I could feel the pride, a feeling that I didn't experience in a long time, a feeling that I might never had before, even if I did, it wasn't this strong.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.

The city changed - I started seeing smiles on people's faces, didn't they smile before? Was this the first time someone smiled at me? Or was I so blind to see people smile? I looked at the sky and for the first time it was blue. Even the sky had changed color.

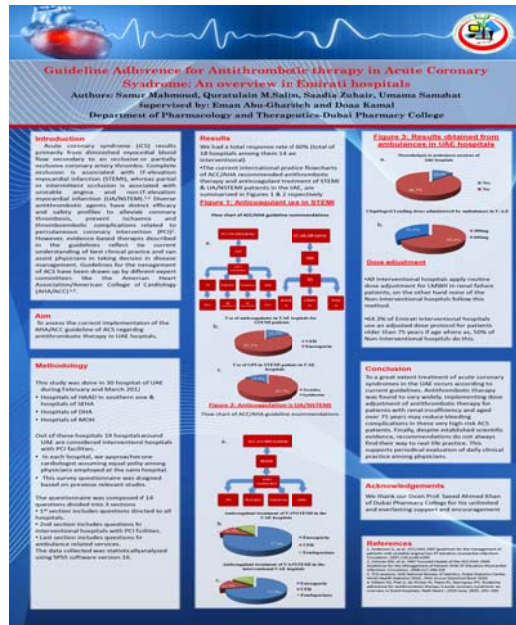
So, after a while, when the new city becomes home, yellow turns green again, calm gives you peace again, buildings look beautiful again, and strangers turn friendly again. Each part of the world has its own unique beauty; it just depends on how you want to look at it. Therefore, **it doesn't matter where you are, what matters is where you feel like home, where you feel like you belong to, and where you have peace of mind.**



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



Accolades!



In the 8th Emirates Critical Care Conference “Ibn Tilmeez Award” for the best poster on the management of critical care units is for Dubai Pharmacy College. The Student presenters - Samar Mahmoud, Quratulain Muhammad, Umama Samahat and Saadia Zuhair were supervised by Dr. Eman Abu Gharbieh and Mrs. Doaa Kamal on “Adherence to guidelines for Antithrombotic Therapy in Acute Coronary Syndrome in United Arab Emirates Hospitals”.

[*The 8th Emirates Critical Care Conference in conjunction with the 4th Asia Africa Conference of the World Federation of Societies of Intensive and Critical Care Medicine (WFSICCM), 8th International Pan Arab Critical Care Medicine Society, the 1st Neuro-Critical Care Middle East North Africa Conference, and 1st Global Sepsis Alliance-Gulf was held under the patronage of H.H. Sheikh Hamdan Bin Rashid Al Maktoum, Deputy Ruler of Dubai, UAE Minister of Finance, President of Dubai Health Authority and Patron of the Hamdan Medical Award.]



Have a suggestion or comment? Post it to <DPCnewsletter@dpc.edu>.

The 2nd National Pharmacovigilance Conference – A report

Under the patronage of H.E. Abdul Rahman Al Owais, UAE Minister of Culture, Youth and Community Development, Acting Minister of Health, the 2nd National Pharmacovigilance Conference was held in Dubai, and it was organized by the Medical Practice and License Sector, Drug Registration and Control Department in collaboration with Drug Safety Research in the UK and “ Les Laboratoires Servier”.

The two-day gathering in Dubai from April 21-22 at the J W Marriot Hotel debated the latest practice in the field of pharmacovigilance in the UAE. Dr Amin Al-Amiri- Assistant undersecretary for Medical Practice and Licensee UAE Ministry of Health-in his speech revealed that 30% of health budgets in the world are spent for providing medications, pointing out that 10% of drug reactions are resulting from the misuse of the drug leading to in many cases to hospital admission.

The highlight of this year's conference was the causality assessment (clinical diagnosis and adverse event, Risk/ Benefits analysis) in addition to signal detection. Two workshops held by Prof. Saad Shaker (Director of the Drug Safety Research Unit (DSRU), UK) have taken place over the two days conference entitled as” Reporting of ADRs and Analysis” and “Risk Management and Causality Assessment”

Dr. Amina Mahdy and **Dr. Eman Abu-Gharbieh** from Dubai Pharmacy College participated in this conference. They stressed in their intervention on the importance of including the pharmacovigilance topic in the curriculum of the medical and pharmacy undergraduate program.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



DPC Community Engagement

“Health is considered the true fortune of every living”



After the success of the **Health Care Day** last month, awareness session was organized on 11th of April 2012 in the campus. Suitable medical advice was provided by expert physicians, pharmacists, nurses and beauty specialist. Many specialties have been covered; i.e., internal medicine, rheumatology, beauty and skin care. Based on clinical examination and tests; proper patient counseling was provided on an individual basis in addition to imparting awareness of risks of obesity and osteoporosis.



Invitation was directed to all students and staff members of *Dubai Pharmacy College, Dubai Medical College for Girls, Dubai Specialized Medical Center, the Islamic school* as well as the hostel, the *Technical Institute, the IT department, workers and drivers.*

This event was organized in association with *Elaj Medical Center, Dubai; Roche Pharmaceuticals* and *Johnson & Johnson Consumer Company* by *Dr. Amina Mahdy*, Associate Professor of Therapeutics with the assistance of *Mrs. Suad A. Zakarneh*, Incharge Dean's office.



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



"JOIN TAKATOF* - Be the Inspiration to Others"

DISCOVER THE HERO IN YOU



"We each owe the UAE a great deal, and I call on all our young people to make their own commitment. Our country deserves the best that we can give it - giving back to society is something that brings out the best in every one of us."

H.H Sheikh Mohammed Bin Zayed Al Nahyan

On the 26th of April, students of DPC got a chance to go through a unique experience by being a part of the **Takatof**. Along with other volunteers they helped renovate the walls of Al Waheda School by painting and drawing exclusive Arabic art work.

DPC student volunteers lead by *Fatima Adel, President of Student Union*, took part in a school makeover.

Report Courtesy: Arwa Nousheen



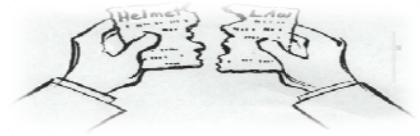
***Takatof** is a voluntary social program, designed by the Emirates Foundation to create a culture of volunteering throughout the UAE. **Takatof** mobilizes people and resources across the nation to help those in need. Takatof particularly offers young people an opportunity to volunteer for humanitarian, social and community programs that serve those least able to help themselves. For more details

Please Call Toll Free 800-TAKATOF (8252863)

<http://www.takatof.ae/english/index.aspx>



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



About Hypocrisy

Thiqat al-'Islam Muhammad ibn Ya'qub al-Kulayni, from Muhammad ibn Yahya, from Ahmad ibn Muhammad ibn 'Isa, from Muhammad ibn Sinan, from 'Awn ibn al-Qalanisi, from Ibn Abi Ya'fur, who reports Abu 'Abd Allah (al-'Imam al-Sadiq) (A) to have said: "One who meets Muslims with a double face and a double tongue, on the Day of Judgment he will come with two tongues of fire."

Double-face is the characteristic of the person who assumes an outward appearance and simulates a behavior which is contrary to his inner state.

Double-tongue is the quality of the person who praises and flatters people whenever he meets them, appearing to befriend them, but denounces them and speaks slanderously of them in their absence.

Therefore, in the light of this description, the first quality may be specified as 'behavioral *nifaq*' and the second as 'verbal *nifaq*'. Perhaps the tradition refers to the evil of *nifaq*, since these two features are among the prominent and peculiar characteristics of the hypocrites.

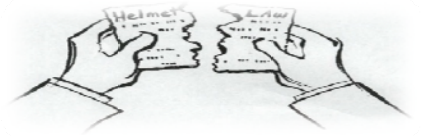
Sometimes one practices *nifaq* in relation to the religion of God, sometimes with respect to virtues, sometimes in regard to righteous deeds and holy rites, and sometimes in ordinary matters of day-to-day life and common civilities, etc.

Well, there are two ways of getting rid of this greatly evil vice: The first is to think about the harms that proceed from this vice, in this world as well as in the Hereafter. One should deliberate upon the matter that if he becomes known in this world for having this bad habit, he will be degraded in the eyes of his fellows and become infamous among his fellow human beings. They will avoid his company and he will be deprived of their friendliness. Moreover, he will fail to achieve any merit and to reach his higher goals. Besides, in the other world, which is the realm of the unveiling of secrets, where things that remained concealed from the eyes of people shall not be hidden, there, he will be raised a deformed, ugly creature possessing two tongues of fire and punished along with the hypocrites and devils. Therefore, it is incumbent upon a man of wisdom, who sees no good in it but harm, ugliness and abomination, to get rid of this vice.

The other treatment, which involves action, is another method of curing the self. It requires the individual to be extremely vigilant regarding his acts and pauses, and that he should act deliberately against his base wishes, wage a war against himself and try



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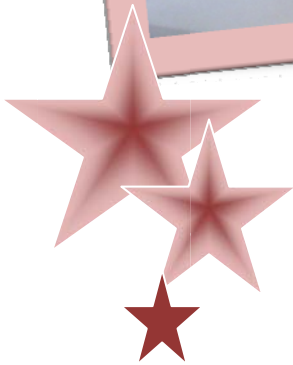


to improve his self inwardly as well as outwardly, in deed as well as in speech. He should abstain from affectation, coquetry and dissemblance in practice, and beseech the Almighty's help and assistance during this period to give him supremacy over his carnal self and its desires and to guide and accompany him in this undertaking. His mercy and grace towards His creatures are boundless, and whosoever advances towards Him wishing to reform himself, He extends His support and help to him.

If one perseveres in this for several days, it is hoped that the soul would become purified and the rust of hypocrisy and double-face will be removed from it. The mirror of his heart and his inner being will be cleansed of this vice, and it will be ready again to receive the favors and blessings of the Almighty.



By: Thuraya O.S



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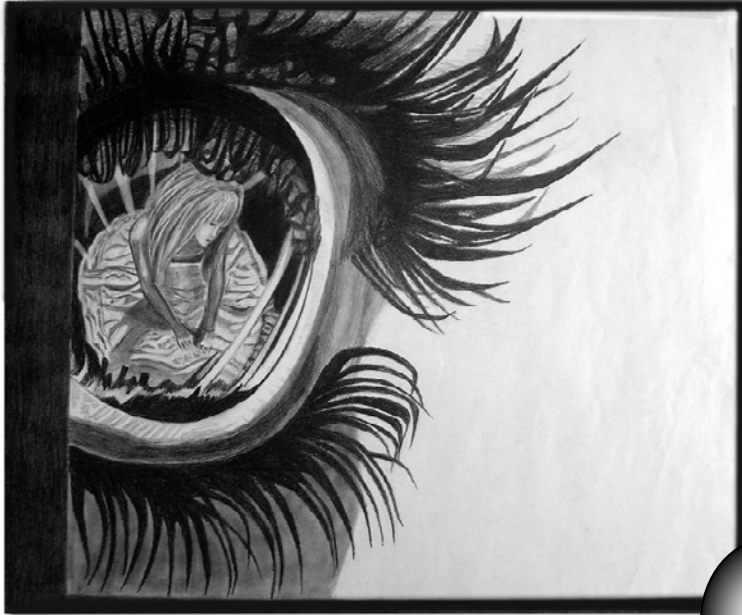
The After Exam Effect

The Dexter on my PC desktop has changed to deeedee
I switched to disco songs rather than the sad song CD
My mood has uplifted and no longer *depressy, touchy, feely*
I guess all this marks the end of
what we call as the tormenting examinations.
So now I do less study and am *crazy, dreamy, screamy*.

Qurat -ul - ain Salim



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.



Lubna Daud

Batch 17

*"But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep."*

Arwa Nousheen

Batch 19



Have a **suggestion** or **comment**? Post it to <DPCnewsletter@dpc.edu>.